

Emory Is Recognized For Health and Wellness – Locally and Nationally

Emory is extremely honored and excited to be recognized by the Atlanta Business Chronicle and the American Heart Association for our commitment to health and wellness. We encourage all of our employees to incorporate more physical activity into your day. For more information on resources available visit the Faculty Staff Assistance Program at www.fsap.emory.edu.

February 2011 - Atlanta Business Chronicle's Atlanta's Healthiest Employers



The *Atlanta Business Chronicle* held its first Atlanta's Healthiest Employers contest to celebrate best-in-class examples of employers who promote health and wellness at work. Companies were honored for their efforts to keep their workforce healthy and supporting a healthy lifestyle.

Emory University and Emory Healthcare entered jointly and we were excited to place fourth in the large employer category. Emory was recognized for the broad array of health and wellness programs that we offer, including those provided by the Faculty Staff Assistance Program (FSAP) and Employee Health. Also cited were our robust wellness initiatives such as Step UP Emory, as well as our onsite pharmacy and fitness centers.

Emory and "Doc Broc" at the Atlanta Business Chronicle's 2011 Inaugural Atlanta's Healthiest Employers Awards breakfast.



November 2010 - American Heart Assoc.'s Start! Fit-Friendly Company



Emory has been recognized as a Platinum Level Recipient of the American Heart Association's **Start! Fit-Friendly Companies** Recognition program. The Platinum Level is the highest level of recognition for fulfilling the following parameters:

- Offer employees' physical activity support
- Provide/increase healthy eating options at the worksite
- Promote a wellness culture
- Implement at least nine AHA criteria in the areas of physical activity, nutrition and culture
- Demonstrates measurable outcomes related to workplace wellness

This workplace has been recognized by the American Heart Association for meeting criteria for employee fitness.