Managing Diabetes

Emory Medical Plan

Emory Outpatient Diabetes Education: Go to https://www.emoryhealthcare.org/kidney-disease-dialysis/wellness/index.html or call 404-778-4991.

Medical Nutrition Therapy with a Registered Dietitian (preventative services): No physician referral needed. No cost for employees with Emory medical plan coverage. To locate a dietitian, visit www.aetna.com and log in. Select FIND CARE at the bottom of the screen. Select Medical Specialist, then More Specialties. Select Nutritional Medicine, then search by zip code.

Aetna In Touch Care: Chronic and acute condition management telephonic and online support. Visit www.aetna.com and log in. Select the Stay Healthy tab. Under Health Programs, select Enroll in a health management program to learn more.

Weight Watchers @ Work: Monthly fee for program. For more information: http://www.hr.emory.edu/eu/wellness/weightwatchers/weight-watchers.html; 1-800-651-6000.

Gestational Diabetes: For employees who are currently pregnant and have gestational diabetes, refer to Aetna’s Beginning Right Maternity Program. To enroll, go to www.aetna.com and log in. Select the Stay Healthy tab. Under Health Programs select Maternity Program for more information.

Other Insurance Plan

Contact insurer to determine coverage for outpatient diabetes programs, medical nutrition therapy with a registered dietitian or insurance-provided disease management.

Uninsured

Diabetes Association of Atlanta: Provides free or low-cost diabetes self-management education in a variety of community locations. Offers an accredited diabetes self-management program and also limited prescription assistance. www.diabetesatlanta.org; 404-527-7150; diabetes@diabetesatlanta.org.

Grady Diabetes Clinic: 80 Jesse Hill Jr Dr SE, Atlanta, GA 30303; 404-616-3730.

Good Samaritan Clinic: 1015 Donald Lee Hollowell Pkwy NW, Atlanta, GA 30318; (404) 523-6571.

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