



Step UP & MOVE!

Emory's Gym Affiliates



Earle B. & Stephanie S. Blomeyer Health Fitness Center

1525 Clifton Road

Throughout the 14,000-square-foot Blomeyer Health Fitness Center, Emory employees have access to a state-of-the-art fitness facility and a variety of fitness and wellness activities – not to mention the panoramic views of the Emory campus from this top-floor location!

- Cybex strength training equipment
- Free weights
- Stairmasters, LifeFitness treadmills, LifeFitness crosstrainers, upright and recumbent Lifecycles, Concept II rowers, NordicTrack, Gravitron, Precor Transports
- Indoor track
- Group fitness studio with video library
- Locker room facilities with sauna and TV
- Resource library of books related to health and fitness
- Complimentary towel service
- Juice/health bar
- Pro-Shop

Visit www.hr.emory.edu/blomeyer/index.html for more information on membership, hours, amenities, classes, etc. Membership at the Blomeyer Health Fitness Center also grants you access to the Woodruff Physical Education Center.

Emory Student Activity & Academic Center

1946 Starvine Way

Through its vast facilities and class offerings, the Student Activity & Academic Center (also known as the SAAC), provides activities and opportunities to help Emory employees grow in all areas of human development – physical, intellectual, spiritual and social. The SAAC offers facilities to meet all of your swimming, tennis, basketball, volleyball, and strength and conditioning needs.



- 50-meter pool, teaching pool, baby pool and diving well
- Hard and clay tennis courts
- Basketball
- Volleyball
- Strength and conditioning equipment
- Classrooms and seminar rooms
- Sky Ranch Grill
- Gymnasium
- Computer lab

Visit www.emory.edu/HOUSING/CLAIRMONT/saac.html for more information on membership, hours, amenities, classes, etc.



George W. Woodruff Physical Education Center

600 Asbury Circle

The Woodruff Physical Education Center (WPEC) is home to the Department of Health, Physical Education & Dance and the Department of Athletics & Recreation. Through WPEC, Emory employees have access to this \$20-million physical activity center and all of its vast offerings – sports, instructional and fitness classes, training, special events and more.

- **Arena** (4 basketball courts, 5 volleyball courts, 12 badminton courts, indoor track)
- **Swimming pool** (Olympic-size, 50-meter pool; 2 one-meter diving springboards; 2 three-meter diving springboards)
- **Weight & Exercise Equipment** (Cybex strength equipment, free weights, treadmills, elliptical machines, stairmasters, rowing machines, stationary bikes)
- **Indoor Facilities** (equipment room, dance studio, squash court, racquetball court, multipurpose room, locker room, climbing walls)
- **Outdoor Facilities** (tennis courts, track, several playing fields, baseball park, basketball/hockey courts)
- **Low Ropes Course**

Visit www.wpec.emory.edu for more information on membership, hours, amenities, classes, etc. Have a membership at the Blomeyer Health Fitness Center? Then, you also have access to WPEC!