



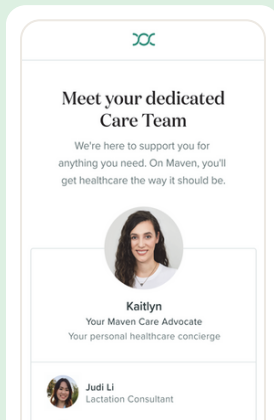
Meet Maven. Free virtual support for pregnancy, postpartum, and menopause.

With Maven, you get personalized 24/7 virtual support, care, and guidance for your path to parenthood and beyond—when you need it, how you need it (yep, even at 2am).

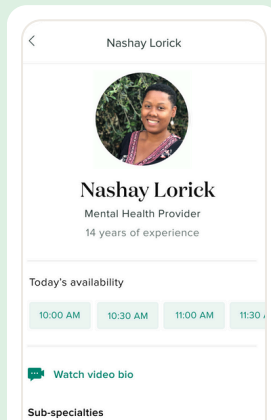


Here's what you and your partner get with Maven

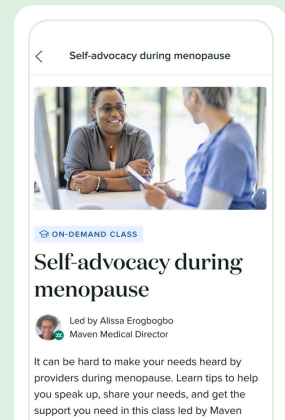
24/7 personalized support from a dedicated Care Advocate



Virtual appointments and messaging with providers—anytime day or night



On-demand classes, groups, and articles for expert guidance you can trust



At Maven, we're with you every step of the way



During pregnancy and postpartum

- Creating your birth plan
- Breastfeeding or bottle feeding support
- Navigating infant sleep
- Returning to work
- Managing your mental health
- Advocating for yourself during labor and delivery



and all stages of menopause

- Managing symptoms
- Understanding treatment options
- Pelvic floor therapy
- Career coaching
- Talking to loved ones about menopause
- Learning what to eat to feel your best and strongest

Maven is available to Emory University faculty and staff enrolled on the Aetna medical plan, as well as their spouses, partners, and dependents >18. There are no co-pays and no out-of-pocket costs for Maven appointments and resources.



Scan the QR code to get started or go to mavenclinic.com/join/aetna-join or download the Maven Clinic app.

Join today for free

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