



Your Benefits

# 2023 Benefits Guide Emory University Trustees

2023 Annual Benefits Enrollment  
Ends Monday, November 7, 2022

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Emory continues to support your efforts to stay healthy and live well by sponsoring programs that encourage you to seek and receive preventive care that can help you live a healthy – or healthier – life.

Do your part to stay healthy! Be sure you and your family members take the time to schedule your appointments and visit your doctor and dentist. And don't forget to get your flu vaccine. Flu shots are considered "preventive care" which means it's free at your doctor's office (Tier 1 or Tier 2 Network doctors only). Be sure to take your Aetna medical card with you. You can also get a free flu shot at any participating local pharmacy.

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2023 Annual Benefits  
Enrollment  
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This guide is meant to provide basic benefit plan information. For additional details and specific information, please contact the vendor or review the Summary Plan Description (SPD) for each plan. SPDs are available online at [www.hr.emory.edu/benefits](http://www.hr.emory.edu/benefits) or by contacting the Benefits and WorkLife Department at 404-727-7613 for a printed version.

DISCLAIMER: Emory reserves the right to terminate, suspend, withdraw, amend or modify the plan in whole or in part at any time. Further, Emory reserves the right to terminate or modify coverage for any group of employees, active or retired and their dependents or a class of dependents at any time.

# What's New

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Annual enrollment is your opportunity to review your current benefits and make selections for the upcoming plan year. Your new benefit selections will be effective on January 1, 2023. Changes for the 2023 plan year are summarized below.

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## What's New for 2023?

Whether it's your physical, mental or financial health, Emory offers a comprehensive benefits package to help meet your needs. Here are the highlights of what is changing for 2023:

**Medical Rates.** Medical costs continue to rise overall. As a result, rates for the Aetna POS Medical Plan will increase for 2023 (see page 5). The increase reflects the claims costs of the plan.

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# How to Enroll

## 1 - Learn More

Read this guide to determine if Emory's medical plan will meet your needs for the upcoming year.

## 2 - Enroll

If you need to make changes to your coverage, complete the "Trustee Election Form" and return it to:

**BY MAIL:**

Emory University  
Human Resources  
Benefits and WorkLife Department  
1599-001-1AP  
1599 Clifton Road  
Atlanta, GA 30322

**NOTE: A response is only required from you if you want to terminate your medical coverage.**

**This form must be postmarked by November 7, 2022.**

**BY FAX:** 404-727-7145, Attention: Frances Reese

**BY EMAIL:** [hrbenef@emory.edu](mailto:hrbenef@emory.edu)

# Networks

## Tier 1 Network

Providers give you the maximum benefit available under the plans, with lower co-pays, co-insurance and deductibles.

Providers and facilities in the Tier 1 Network give you the maximum benefit available under the plans, with lower co-pays, co-insurance and deductibles.

### *Tier 1 facilities include:*

- Emory University Hospital
- Emory University Hospital Midtown
- Emory Decatur Hospital
- Emory Long Term Acute Care
- Emory Hillandale Hospital
- Emory University Orthopaedics & Spine Hospital
- Emory Johns Creek Hospital
- Emory Rehabilitation Hospital, in partnership with Select Medical
- Children's Healthcare of Atlanta (including Egleston and Scottish Rite)
- Grady Memorial Hospital (including Hughes Spalding)
- Emory Saint Joseph's Hospital
- St. Francis Hospital (Columbus)
- Wesley Woods Geriatric Hospital

### *Tier 1 physicians include:*

- Emory physicians
- DeKalb Physician Hospital Organization (DPHO)
- Community physicians

## Tier 2 Network

Providers and facilities are in-network with Aetna. Co-pays, co-insurance and deductibles are higher than with Tier 1.

**To locate a Tier 1 or Tier 2 physician or facility, go to [www.aetna.com/docfind/custom/emory](http://www.aetna.com/docfind/custom/emory) or call Aetna at 800-847-9026.**

## Tier 3 Network

Tier 3: Providers and facilities that are not participating with Aetna are considered Out-of-Network. Costs are the highest.

# Medical Coverage

## The POS Plan

The POS Plan is a conventional medical plan where members pay co-pays for some services (co-pays are fixed fee amounts that you pay at the time you receive services). The POS Plan also uses co-insurance for some services (co-insurance is the portion of expense you must pay for care, in most cases, after meeting your deductible). The deductible is a set amount that typically you must pay before co-insurance starts. See page 6 for deductible amounts.

The POS Plan allows members to receive services from a national network of providers and facilities. It is an open access plan that:

- Provides the flexibility to choose any provider
- Does not require that a Primary Care Physician (PCP) be identified or selected
- Does not require a PCP referral to see a specialist

Tier 1 and Tier 2 Network preventive care is covered at 100% and is not subject to the deductible. For all other medical services, the plan pays a portion of your covered expenses: 85% for the Tier 1, 75% for Tier 2

and 50% for Tier 3 after you pay the annual deductible. Office visits are covered with a co-payment. Prescription drugs are covered through co-insurance.

The POS Plan also has an out-of-pocket maximum to protect you in the event you have significant medical expenses during the year. The out-of-pocket maximum includes all co-pays, as well as deductibles and co-insurances, such as prescription drug costs and office visit co-pays.

## Prescription Drugs

Prescription drug coverage is part of your medical plan and you pay a percentage of the cost through co-insurance. There is also a retail minimum and a retail maximum within a five-tier structure (see chart below). You will pay the co-insurance amount subject to the retail minimum and maximum cost. You do not have to meet your deductible first.

Prescription drug coverage is administered through CVS/caremark. To determine your coverage tier or cost, call 866-601-6935.

DRUG TIER	CO-INSURANCE	30-DAY RETAIL MINIMUM	30-DAY RETAIL MAXIMUM
Zero	0%	\$0	\$0
1	10%	\$10	\$25
2	20%	\$20	\$75
3	30%	\$60	\$120
4	40%	\$90	\$150

90-day supply is 2½ x the retail amount

# Medical Coverage

## Maintenance Drugs

A maintenance drug is one that is commonly used to treat a chronic or long-term condition and requires regular, daily use. Examples include drugs used to treat high blood pressure, heart disease, asthma and diabetes and birth control. If you take any maintenance prescription medications to treat certain ongoing medical conditions, you will need to fill your 90-day prescriptions in one of three ways:

1. Through CVS/caremark's mail order service
2. At a CVS retail pharmacy location
3. At an Emory pharmacy

If you attempt to fill a maintenance drug at a pharmacy other than CVS or Emory, you will be charged the full retail cost.

## Tier Zero

Emory pays 100% and plan participants will pay \$0 for a 90-day supply of those medications associated with the prevention and treatment of congestive heart failure (CHF), diabetes, high blood pressure, high cholesterol, smoking cessation and contraceptives. Tier Zero helps members afford the prescription drugs they need to improve or maintain their health. The list of Tier Zero drugs is on page 7.

# Medical Plan Rates

2023 Medical Plan Contributions for Trustees	
COVERAGE LEVEL	MONTHLY RATE
Trustee - under 65	\$1,017.00
Trustee - over 65	\$739.00
Trustee + spouse - both under 65	\$2,155.00
Trustee + spouse - 1 over 65, 1 under 65	\$2,155.00
Trustee + spouse - both over 65	\$1,477.00
Trustee + spouse - both under 65, with dependents	\$2,975.00
Trustee + spouse - 1 over 65, 1 under 65, with dependents	\$2,674.00
Trustee + spouse - both over 65, with dependents	\$1,924.00

# Medical Plan Quick Guide

	POS PLAN		
	TIER 1	TIER 2	TIER 3 <sup>1</sup>
Annual Deductible - Single	\$850	\$1,000	\$2,000
Annual Deductible - Family	\$2,550	\$3,000	\$6,000
Out-of-Pocket Maximum <sup>2</sup> - Single	\$3,000	\$4,500	\$11,250
Out-of-Pocket Maximum <sup>2</sup> - Family	\$6,000	\$9,000	\$22,500
Out-of-Pocket Maximum <sup>2</sup> - Aggregate	Yes	Yes	Yes
Primary Care Office Visit <sup>3</sup>	\$25 co-pay	\$35 co-pay	50% after deductible
Pediatrician or Mental Health Physician Visit	\$25 co-pay	\$25 co-pay	50% after deductible
Specialist Office Visit	\$35 co-pay	\$50 co-pay	50% after deductible
Diagnostic Labs	15% co-insurance	25% co-insurance	50% co-insurance
X-Ray	15% after deductible	25% after deductible	50% after deductible
Durable Medical Equipment	15% co-insurance	25% co-insurance	50% after deductible
Routine Preventive Care <sup>4</sup>	\$0 co-pay	\$0 co-pay	50% after deductible
Emergency Room Visit <sup>5</sup>	\$250 co-pay	\$250 co-pay	\$250 co-pay
Hospitalizations: Inpatient/Outpatient Coverage	15% after deductible	25% after deductible	50% after deductible
Behavioral Health Inpatient	15% after deductible	25% after deductible	50% after deductible
Behavioral Health Outpatient	\$25 co-pay	\$25 co-pay	\$25 co-pay

<sup>1</sup> Amounts applied to deductible and out-of-pocket maximums are limited to the Reasonable and Customary charges.

<sup>2</sup> Includes co-pays, deductibles and co-insurance.

<sup>3</sup> Includes services of an internist, general physician, family practitioner, dermatologist, and/or allergist.

<sup>4</sup> Routine Preventive Care services ONLY are covered at 100% under the plan. Diagnostic services are subject to the deductible and co-insurance.

<sup>5</sup> Co-pay waived if admitted.

**DISCLAIMER:** Every attempt has been made to ensure the chart and information above accurately reflect the details of the plan. Should there be any errors, the terms and conditions of the Summary Plan Description (SPD) prevail.



# Tier Zero Drug List

## ANTIRETROVIRAL THERAPY\*

- Emtricitabine/tenofovir disoproxil fumarate 200 mg – 300 mg

## BLOOD PRESSURE & HEART FAILURE

- Acebutolol HCL
- Amiodarone HCL
- Amlodipine Besylate
- Amlodipine/Olmesartan
- Amlodipine/Olmesartan/HCT
- Amlodipine/Valsartan
- Amlodipine/Telmisartan
- Atenolol
- Atenolol/Chlorthalidone
- Benazepril HCL
- Benazepril/Hydrochlorothiazide
- Betaxolol HCL
- Bisoprol/Hydrochlorothiazide
- Bisoprolol Fumarate
- Captopril
- Captopril/Hydrochlorothiazide
- Candesartan Cilexetil
- Candesartan Cilexetil/Hydrochlorothiazide
- Carvedilol
- Clonidine HCL
- Digoxin
- Diltiazem HCL
- Doxazosin Mesylate
- Enalapril Maleate
- Enalapril/Hydrochlorothiazide
- Eplerenone
- Esmolol HCL
- Felodipine
- Fosinopril Sodium
- Fosinopril/Hydrochlorothiazide
- Furosemide
- Guanabenz Acetate
- Guanfacine HCL
- Hydralazine HCL
- Hydralazine/Hydrochlorothiazid
- Hydralazine/Reserpin/Hctz
- Hydrochlorothiazide
- Irbesartan
- Irbesartan/Hydrochlorothiazide
- Isosorbide Dinitrate
- Isosorbide Mononitrate
- Isradipine

- Labetalol HCL
- Lisinopril
- Lisinopril/Hydrochlorothiazide
- Losartan Potassium
- Losartan Potassium/Hydrochlorothiazide
- Methyldopa
- Metolazone
- Metoprol/Hydrochlorothiazide
- Metoprolol Succinate
- Metoprolol Tartrate
- Minoxidil
- Moexipril HCL
- Moexipril/Hydrochlorothiazide
- Nadolol
- Nicardipine HCL
- Nifedipine
- Nimodipine
- Nisoldipine
- Nitroglycerin
- Olmesartan
- Olmesartan/Hydrochlorothiazide
- Papaverine HCL
- Pindolol
- Prazosin HCL
- Propranolol HCL
- Propranolol/Hydrochlorothiazide
- Quinapril HCL
- Quinapril/Hydrochlorothiazide
- Ramipril
- Reserpine
- Sotalol
- Spironolact/Hydrochlorothiazide
- Telmisartan
- Telmisartan/Hydrochlorothiazide
- Terazosin HCL
- Timolol Maleate
- Torsemide
- Trandolapril
- Trandolapril/Verapamil
- Triamterene/Hydrochlorothiazide
- Valsartan
- Valsartan/Hydrochlorothiazide
- Verapamil HCL

## CHOLESTEROL LOWERING

- Amlodipine Besylate/Atorvastatin Calcium
- Atorvastatin Calcium
- Cholestyramine
- Colestipol HCL

- Ezetimbe
- Fenofibrate
- Fenofibric acid
- Fluvastatin
- Gemfibrozil
- Lovastatin
- Niacin
- Omega-3 Polyunsaturated FA
- Pravastatin Sodium
- Simvastatin
- Rosuvastatin

## CONTRACEPTIVES

- Oral Contraceptives: Monophasic/Biphasic/Triphasic Generic Agents
- Non-Oral Contraceptive: NuvaRing
- Non-Oral Contraceptive: Ortho Evra

## DIABETES

- Acarbose
- Acetohexamide
- Alogliptin
- Alogliptin/Metformin
- Alogliptin/Pioglitazone
- Chlorpropamide
- Glimepiride
- Glipizide
- Glyburide, ext-rel
- Glyburide/Metformin HCL
- Metformin HCL
- Metformin ext-rel
- Metformin/Repaglinide
- Miglitol
- Nateglinide
- Pioglitazone
- Pioglitazone HCL/Metformin HCL
- Repaglinide
- Tolazamide
- Tolbutamide

## SMOKING CESSATION

- Nicotrol NS
- Nicotrol Inhaler
- Bupropion HCL (smoking deterrent) SR 12 hr 150 mg
- Zyban
- Chantix

\*Generic antiretroviral therapy for preexposure prevention of human immunodeficiency virus (HIV) infection in people who are at an increased risk.

As prescription drugs come off patent protection (lose brand status), become available as generics, or over-the-counter, this list will change.

For the most up-to-date list, contact CVS Caremark at 866-601-6935; [www.caremark.com](http://www.caremark.com).

# Vision Discount

## Vision Coverage through your Medical Plan

Those enrolled in an Emory medical plan receive one vision exam per calendar year at an optometrist or ophthalmologist. Because an annual vision exam is considered preventive care, it is covered at 100%. Locate a participating vision provider at [www.aetna.com/docfind/custom/emory](http://www.aetna.com/docfind/custom/emory).

## Emory Eye Center

With licensed opticians averaging 20 years of experience, the Emory Eye Center features the latest in lens technology and specializes in challenging and unique prescriptions. The Center has a large selection of high quality frames and lenses at competitive prices.

All Emory trustees and their immediate family members are eligible to receive services and discounts at the Emory Eye Center. Discounts are as follows:

Vision Discount	
SERVICE	DISCOUNT
Routine Vision Screenings by an Emory Optometrist	Emory employees covered by the Emory medical plan receive one routine eye exam annually that is 100% covered by insurance.
Eyeglass Packages	25% discount on eyewear, including basic frames and lenses at a range of competitive prices.
Contact Lenses	10% discount on most disposable contact lenses. Discount valid only with an examination by an Emory Eye Center provider.
Contact Lens Fitting and Exam	\$80 - \$160, depending upon complexity.
LASIK Surgery	25% discount on refractive surgery for employees and dependents at Emory Laser Vision (located on the Emory St. Joseph's Hospital campus). Call 404-778-2SEE to schedule a free evaluation.

For locations visit the Emory Eye Center online at <http://eyecenter.emory.edu> or call 404-778-2020.

# Additional Resources

## Summary of Benefits and Coverage

All employers are required to provide an eight-page Summary of Benefits and Coverage (SBC) for all the health plans available to their employees. Access this information online at: [www.hr.emory.edu/trustee-enrollment](http://www.hr.emory.edu/trustee-enrollment).

## Out-of-State Coverage

If you or your covered dependents live outside of Georgia, search for providers in the Tier 2 Network at [www.aetna.com/docfind/custom/emory](http://www.aetna.com/docfind/custom/emory).

## International Coverage

If you live or travel outside the U.S., coverage for emergency care is provided at the Tier 2 level. Routine care will be covered at the Tier 3 level. Call Aetna at 800-847-9026 for more information.

## Emergency Coverage

Emergencies are always covered at the Tier 2 co-pay or co-insurance level. Contact Aetna within 48 hours.

## Emory Employees Appointment Line (EVIP)

Emory Healthcare is committed to the health care needs of Emory's employees and to meet this commitment, will facilitate and expedite employee access to Emory providers. The EVIP Line was developed for this purpose.

EMORY EMPLOYEES AND FAMILY MEMBERS CAN SIMPLY CALL 404-778-EVIP FOR EXPEDITED ACCESS TO EMORY PHYSICIANS.

Features of the EVIP Line include:

- Senior level call agents answering from 8:00 am to 5:00 pm, M-F, who can assist you in making appointments with Emory Clinic providers.
- Assurance that non-urgent appointments will be scheduled within 14 days with the first available provider. If your preferred provider is not available, we will connect you with another well-qualified Emory Clinic provider or Emory-affiliated practice.
- Assurance that urgent appointments will be clinically reviewed to secure an appointment within a medically appropriate time frame.

## Emory HealthConnection

Emory HealthConnection is available to assist you in selecting the right Emory provider to meet your needs. Emory HealthConnection can be reached online at [www.emoryhealthcare.org](http://www.emoryhealthcare.org) or by calling 404-778-7777.

## The Pharmacy at Emory

The Pharmacy at Emory is a full-service pharmacy with a convenient, on-campus location. Hours are: 9:00 am to 6:00 pm, M-F. For more information, call 404-778-2022 or visit: [www.emoryhealthcare.org/pharmacy](http://www.emoryhealthcare.org/pharmacy).

# Numbers & Websites

VENDOR/ORGANIZATION	PHONE NUMBER	WEBSITE(S)
<b>Emory University Benefits and WorkLife Department</b> Office hours: Monday-Thursday: 8:00 am - 5:00 pm Friday: 11:00 am - 5:00 pm	404-727-7613	<a href="http://www.hr.emory.edu/benefits">www.hr.emory.edu/benefits</a>  Annual enrollment website: <a href="http://www.hr.emory.edu/trustee-enrollment">www.hr.emory.edu/trustee-enrollment</a>
Aetna (Medical & Behavioral Mental Health)	800-847-9026	<a href="http://www.aetna.com">www.aetna.com</a>  <a href="http://www.aetna.com/docfind/custom/emory">www.aetna.com/docfind/custom/emory</a>
CVS/caremark (Pharmacy Manager)	866-601-6935	<a href="http://www.caremark.com">www.caremark.com</a>
Emory Employees Appointment Line (EVIP)	404-778-EVIP	N/A
Emory Eye Center	404-778-2020	<a href="http://eyecenter.emory.edu">http://eyecenter.emory.edu</a>
Emory HealthConnection	404-778-7777	<a href="http://www.emoryhealthcare.org">www.emoryhealthcare.org</a>
The Pharmacy at Emory	404-778-2022	<a href="http://www.emoryhealthcare.org/pharmacy">www.emoryhealthcare.org/pharmacy</a>