

Updated 09/30/2021.

\*FAQs are subject to change.

## Precautionary Measures

**Q: What types of precautions will the Blomeyer Health Fitness Center be taking to reduce the levels of viruses, bacteria and allergens in the facility?**

A: Our **Pledge of Protection** is a 5-prong, multi-faceted approach designed in cooperation with our Emory's EHSO department to keep you safe while using the facility.

1. **Controlled Capacity**- The facility will have a limited capacity of 20 members per hour during open hours of operation.
2. **Monitored Distancing**- Multiple modifications are being made to assure appropriate and safe social distance is maintained. We will follow the recommended Guidelines of the Medical Fitness Association of 10 feet for spacing of equipment to ensure sufficient space between each user.

<https://www.medicalfitness.org/wp-content/uploads/2020/11/Reopening-and-Operating-Guidelines-for-the-Fitness-Industry-November-2020-Update-Final.pdf>

3. **Advanced Disinfecting**- We will provide enhanced disinfecting protocols and nightly spraying and deep cleaning of the facility in concert with our already thorough cleaning protocols. In addition, we have partnered with Baton cleaning services to spray an electrostatically applied solution on a nightly basis that disinfects all equipment and hard surfaces. All air handlers have also been upgraded with HEPA filters (MERV 13) to help purify and clean the air. The air handling units are equipped to provide at least 15 effective air changes per hour.
4. **Personal Protection**- All employees and members will be required to wear facemasks at all times while in the facility for your protection.
5. **Onboarding Process** - All employees and members will be verified for clearance and approval for their safe return to campus with the onboarding process. A new waiver form will be signed by all members who return.

**Q: I understand the Center is limiting the number of members in the facility to maintain physical distancing, but how will I know if the facility is close to reaching its capacity?**

A: We will use the new Fusion software for registration and scheduling by appointment for one hour time slots. We will limit the number of members inside the facility up to a maximum capacity of 20 per hour. We will also display the total number of members currently in the facility as well as how close we are to capacity.

To help limit any congestion, we will require members to limit their time in the Center to 60 minutes. Please keep in mind that if we are at capacity, you may be asked to wait before entering the Center. If you visit the center at times where capacity is high, you may be asked to wait longer. Members must now use their Emory I.D. card to check-in when they enter the facility to accurately track the capacity.

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**Q: Will personal protection be required while in the Blomeyer facility?**

*A: We will comply with any State, CDC, and Emory guidelines related to this matter. At this time, all faculty and staff as well as employees of the facility are required to wear facemasks, at all times while in the facility.*

**Q: How will distancing guidelines be maintained in the Center?**

*A: You will notice many measures in place to achieve distancing. Some of those modifications include: 1) cardio/strength equipment spacing 2) fitness equipment (dumbbells, kettlebells, etc.) rotated daily 3) directional floor markings 4) separate entrance and exit in and out of facility.*

## Membership

**Q: Once the Center announces the re-opening date, when will my membership reactivate and start with monthly dues?**

*A: During the closure due to COVID-19, your membership was placed on an indefinite hold and did not charge dues. This did not require you to submit for a temporary freeze/suspension as is allowed in your membership agreement. Our target date to reopen will be **June 21<sup>st</sup>, 2021**, but your membership plan will be reactivated with various payment options and membership plans **effective July 19, 2021**.*

**Q: What is the membership plan options that will be available for me to reactivate my membership at Blomeyer?**

*A: There will be 2 membership options to choose from **effective July 19, 2021**. These are:*

- 1. Members pay the regular monthly fee of \$27.00 via payroll deduction that includes fitness center access and virtual group fitness classes.*
- 2. Members pay a daily rate of \$10 per day for drop-in visits only. (Via credit card and by appointment only; no guests at this time).*

**Q: What if I'm not ready to reactivate my membership once the Center reopens? Can I suspend/freeze my membership?**

*A: Yes, you do have suspension/freeze options as detailed by the terms of your membership agreement. If you choose to suspend or freeze your membership, we encourage you to use the new Fusion software to submit your request form at: <https://www.hr.emory.edu/eu/wellness/blomeyer/membership.html>*

*Temporary Suspension - You may submit a temporary suspension of your membership for a minimum period of one (1) month, up to a maximum of six (6) months, and no more often than once every calendar year. This suspension can be for any reason including COVID19.*

**Located in:** [Emory Clinic at 1525 Clifton Road](#)

**Address:** 1525 Clifton Rd #5, Atlanta, GA 30322

**Phone:** [\(404\) 727-4600](tel:(404)727-4600)

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## Facility

### **Q: What are the hours of operation once the center can reopen?**

*A: In order to promote a clean and sanitary facility, we have temporarily modified our operating hours.*

*Hours of operation are listed below:*

- *Monday, Wednesday, Friday: 6am – 3pm; Tuesday and Thursday from 11am – 7pm.*

### **Q: Will the showers be open?**

*A: Yes, the showers will be open, with a limited number of showers available.*

### **Q: Are the locker rooms open?**

*A: The locker rooms are open for use.*

### **Q: Will you still provide towels for use by members?**

*A: No, not currently. Members will need to bring a towel with them.*

### **Q: Will drinking fountains and vending machines be available?**

*A: Drinking fountains are available for bottle filling only. Vending machines and “grab-and go” type items will be temporarily unavailable.*

## Group Exercise (GX)

### **Q: Will all of the GX classes be available?**

*A: We will offer 30 minute indoor group exercise classes 5 times a week as part of the regular membership plan and a new online virtual group fitness membership option upon reopening*

### **Q: Will there be a limit to the number of people allowed in an in-person GX class held indoors?**

*A: Yes, each in-person class held indoors will be limited to 10 participants to allow for appropriate distancing.*

**Q: How do I make sure I get a spot in my favorite GX class if participants numbers are limited? Sign-up for each daily class held at least 24 hours in advance at: <https://blomeyer.emory.edu/>**

*A: Our classes and reservation for use of the facility will still operate on a first come, first serve basis. When you arrive at the center for your one-hour session, you will be required to check in for that specific class or area of the facility. Once the facility is full, this will be displayed at the front desk. The capacity of the facility is a maximum of 20 participants per hour. The maximum number of participants for the group exercise class held outdoors is 10 participants.*

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**Q: Should I bring in my own equipment from home for classes?**

A: Health Fitness has developed a strict disinfecting process and cleaning schedule. We will be rotating sets of equipment that have been disinfected for you prior to your use. Members will not be allowed to bring any equipment from home into the facility.

**Q: Will I be able to get an initial consultation and assessment when I begin my membership?**

A: Our assessment schedule is currently on hold until we can have a safe physical interaction and deliver a valuable assessment for your health and wellness needs. We will communicate with members when assessments can be scheduled.

**Q: Will I be able to meet with a Fitness Specialist to create/revise my Exercise Prescription**

A: Yes, you can meet with a fitness specialist to complete your exercise prescription. Our fitness specialists are trained to adhere to safe social distancing while still completing this service.

**Q: Will I be able to purchase and use Personal Training sessions?**

A: As a facility, we are prepared to offer virtual and in-person personal training. If members are comfortable with in-person training, our fitness specialists are trained to provide this service, while still practicing safe social distancing. Members interested in personal training sessions should call 404-727-4600 for more information.

**SESSION FEES:**

One-on-one 30 min 60 min  
1 -10 sessions \$35 \$60  
20 sessions \$30 \$51.30

Buddy\* 30 min 60 min  
1 session \$28 \$48  
5 sessions \$26.60 \$45.60  
10 sessions \$25.27 \$43.32

\* Buddy price is reflected as a per participant cost for a two-person session.  
Session/package payment is due in full at time of scheduling first session.

**Q: Will I be able to purchase and schedule massages?**

A. No, not currently.

## Special Events

**Q: Will the member events that are scheduled each quarter still be held?**

A: Depending on when the event is typically scheduled for, the event may or may not be held. Healthy Emory and Health Fitness, Inc., continue to monitor State and Emory guidelines to ensure all events follow all recommended guidelines in order to promote a safe and sanitary environment for our clients.

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