



Come join us to celebrate our grand re-opening event for Spring semester with several activities scheduled for Feb. 14 – 16. New members who sign-up for Blomeyer on any one of these 3 days in February will be eligible to **win dinner for two at a fine local restaurant!**

Employees can use the facility for **FREE** during these 3 days from February 14 -16. If they enroll in a BlomeyerONE membership, they will also be entered into a special drawing to win a **Fitbit Charge 5** valued at **\$149.95!** Other prizes for participating in the grand re-opening include t-shirts, gift cards, workout bands, & a free month membership at Blomeyer.

The celebration will include facility tours, class demos, giveaways, and healthy snacks. Please come join us for this wonderful celebration of all things Blomeyer! A reservation must be made for your complementary workout.

To reserve your complementary workout, please go to <https://blomeyer.emory.edu/> to make a reservation. Click [here](#) to review the reservation process. [https://www.youtube.com/watch?v=4GAbW\\_8Spe8](https://www.youtube.com/watch?v=4GAbW_8Spe8)



## Class Demo Schedule

Monday 2/14	Tuesday 2/15	Wednesday 2/16
11:00 – 11:15 AM <b>Boot Camp</b>	11:00 – 11:15 AM <b>Walk It Out</b>	11:00 – 11:15 AM <b>Dance Fit</b>
11:30 – 11:45 AM <b>Dance Fit</b>	11:30 – 11:45 AM <b>Boot Camp</b>	11:30 – 11:45 AM <b>Walk It Out</b>
5:00 – 5:15 PM <b>Walk It Out</b>	5:00 – 5:15 PM <b>Dance Fit</b>	5:00 – 5:15 PM <b>Boot Camp</b>

### Class Descriptions

#### Walk it Out

(Indoor walking class with various exercises)

#### Dance Fit

(Dance class with various exercises)

#### Boot Camp

(Total body fitness workout)

