

Transportation & Parking

From Emory University & Hospital, turn right on Houston Mill Rd. or Gatewood Rd. NE. **From the Center for Disease Control**, turn left on Houston Mill Rd. or Gatewood Rd. NE. Both will take you to N Gatewood Rd NE where the entrance of the parking garage is.

Parking is available at the top of the parking garage (5th floor) where you will see the Blomeyer Health Fitness Center sign on the building. Walk in the side entrance.

Parking: If you do not have a parking pass for the parking garage, parking prices are detailed below:

- 30 minutes - 1 hour: **\$6.00**
- 1 - 3 hours: **\$8.00**
- 3 - 4 hours: **\$9.00**

Emory bus line: You can take the following Emory Campus Shuttles to Blomeyer Health Fitness Center:

- **A, B, Executive Park, CCTMA**

Hours of Operation

Monday - Friday
6:00 a.m. - 7:00 p.m.

Closed weekends and
Emory University-recognized holidays.

Questions?

For current information on programs
and services,

Please call (404) 727-4600,
email blomeyer@emory.edu, or
visit hr.emory.edu/eu/wellness/blomeyer.

Follow us on social media!



@blomeyerfitnesscenter

**Register for the Healthy Emory Connect by
scanning the QR code below!**



MEMBERSHIP



5th floor

1525 Clifton Road NE, Atlanta, GA, 30322



Membership Options

Fitness center membership is open to all Emory employees, spouses, retirees, and affiliates (CDC/ CHOA/ Wesley Woods, etc.)

- Emory employees and retirees: \$27.00
- Emory spouses and affiliates: \$52.00

Amenities & Services

Blomeyer Health Fitness Center members have access to our many amenities and services, including:

- 14,000 sq. ft. fitness center
- Variety of cardiovascular and training equipment
- Indoor walking / running track
- Group exercise studio
- Onsite and virtual group exercise classes every day
- Locker rooms with showers and a heated sauna
- Towel service
- Daily and overnight lockers
- Free fitness assessments to help you establish a baseline, or starting point, to track your progress and fitness journey.
- Personal training *
- Massage Therapy *

* Available at an additional cost

Group Exercise

Enjoy LIVE 45-minute daily workouts that can be done in-person or online at your convenience with minimal equipment needed. These classes are designed and led by our experienced Blomeyer staff.

For more information about our classes, including class descriptions, scan the QR code below with your smartphone's camera to view the latest group exercise schedule.



Blomeyer Group
Exercise Schedule

Personal Training

Whether you're just starting your fitness journey, or you've been exercising for years, our personal trainers can provide you tools and support to reach your goals. Choose to train one-on-one or buddy up with a friend.

One-on-One	# of Sessions	Package Price	Session Price
30 minutes	1 session	\$35.00	\$35.00
	5 sessions	\$170.00	\$34.00
	10 sessions	\$315.00	\$31.50
	20 sessions	\$600.00	\$30.00
60 minutes	1 session	\$60.00	\$60.00
	5 sessions	\$285.00	\$57.00
	10 sessions	\$540.00	\$54.00
	20 sessions	\$1,020.00	\$51.00
Buddy (2 people)	# of Sessions	Package Price (per person)	Session Price (per person)
30 minutes	1 session	\$28.00	\$28.00
	5 sessions	\$135.00	\$27.00
	10 sessions	\$255.00	\$25.50
	20 sessions	\$480.00	\$24.00
60 minutes	1 session	\$48.00	\$48.00
	5 sessions	\$230.00	\$46.00
	10 sessions	\$435.00	\$43.50
	20 sessions	\$825.00	\$41.25

Massage Therapy

Relieve your aches and pains or rest and recharge with a massage delivered by our Georgia Licensed Massage Therapists. Massages are available by appointment only.

To schedule a massage therapy appointment, email blomeyer@emory.edu or call us at 404-727-4600.

	Therapeutic or Swedish Massage	Deep Tissue or Sports Massage
30 minutes	\$50.00	
60 minutes	\$65.00	\$75.00
90 minutes	\$98.00	\$113.00

