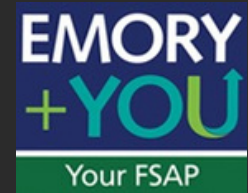


MENTAL HEALTH CHALLENGE CHECKLIST



TASK	STATUS
<ul style="list-style-type: none"> • Sign up for the FSAP listserv 	Done
<ul style="list-style-type: none"> • Schedule and complete a Well-being Check-in May. Click here to get started. 	Done
<ul style="list-style-type: none"> • Schedule and complete a free and confidential FSAP consultation. Call 404-727-9355 to schedule. 	Done
<ul style="list-style-type: none"> • Complete an online emotional well-being screening in May. Click here to complete a screening. 	Done
<ul style="list-style-type: none"> • Midweek Mindfulness Meditation - 5/6 @ 12pm. 	Done
<ul style="list-style-type: none"> • FSAP Overview for Leaders Webinar- 5/7 @ 12pm. 	Done
<ul style="list-style-type: none"> • Midweek Mindfulness Meditation- 5/13 @12pm. 	Done
<ul style="list-style-type: none"> • FSAP Overview of Program & Services Webinar- 5/14 @ 12pm. Register here. 	Done
<ul style="list-style-type: none"> • Midweek Mindfulness Meditation- 5/20 @ 12pm. Click here to attend. 	Done
<ul style="list-style-type: none"> • FAQs about FSAP Webinar- 5/21 @ 12pm 	Done
<ul style="list-style-type: none"> • Midweek Mindfulness Meditation 5/27 @ 12pm 	Done