



Change Academy

Fall 2026 Program at a Glance

Date	Topic
Monday, July 27 5:00	Application Deadline
Friday, August 21 10:00 – 11:00 Virtual	Supervisor Orientation An overview of the program, time requirements and other support needed from participant supervisors
Monday, August 31 10am-12pm 1599, Room 1101	Kick-off (<i>In Person</i>) After an overview of program, participants share the change they are currently managing followed by facilitated discussion.
Thursday, September 17 9:00 – 11:30 Virtual	The Change Cycle A model that shows how people react to and cope with change, how to tackle and overcome concerns about change as well as how to help yourself and others navigate through it.
Monday, October 12 9:00 – 12:30 1599, Room 1101	Birkman and Immunity to Change (ITC) (<i>In Person</i>) Recognize personal needs during times of change using the Birkman. Help self and others overcome personal roadblocks to change by identifying hidden “immunities” that hinder our change efforts.
Wednesday, October 28 9:00 – 12:00 Virtual	Sustaining Performance Through Uncertainty In this course, we will explore numerous factors that contribute to change fatigue, such as uncertainty, loss of control, and increased workload. You will be equipped with practical strategies and tools to manage and cope with these challenges effectively.
Monday, November 16 9:00 – 12:00 1599, Room 1101	Change Communication (<i>In Person</i>) A model and tips for communicating change in a way that respects the past while generating excitement for the future.
Thursday, December 10 9:00 – 12:00 Virtual	Emory Change Management Model A step-by-step process and model for managing change at Emory, using the four Ps of change management: Plan, Prepare, Promote and Proceed.
Tuesday, January 12 9:00 – 12:00 Virtual	Crucial Influence Sustain change by understanding interconnectedness and relationships of various processes within a system and their influence on the culture of an organization.
Thursday, January 28 9:00 – 12:00 1599, Room 5C	Systems Thinking in Change Management (<i>In Person</i>) Learn how organizational systems work and how to analyze and manage their influence on change.
Wednesday, February 10 8:30 – 12:30 Virtual	Participant Presentations Integrates concepts learned throughout program. Shows planned/current impact on existing change(s) being managed. Each presentation will show link to at least 3 of the sessions. Supervisors are invited!
February 2026 TBD	Graduation (<i>In Person</i>)