

# JANUARY 30, 2023



## Award of Distinction: Call for Nominations

This annual award recognizes University staff members who have consistently demonstrated outstanding job performance and who have made specific contributions that have impacted their department/school or the university. **Deadline to submit nominations is: February 13, 2023, 5:00 pm.** 

Learn more

# YOUR LEARNING

## Upcoming DEI Competency Training Sessions

To better align with Emory's values, a new competency for *Diversity, Equity and Inclusion (DEI)* has been added to the **Performance Management** process. In order to prepare everyone (both managers and staff) for this change, Learning and Organizational Development is offering upcoming training sessions:

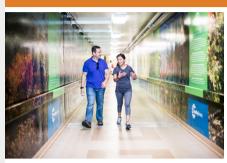
- February 6, 2023, 2:00 pm, via Zoom, Open to all managers and all staff Register
- February 21, 2023, 10:00 am, via Zoom, Open to all managers and all staff Register

A session will also be recorded and posted for those who are not able to attend.

## Training on Emory Recruiting System (iCIMS)

HR's Recruiting Department is hosting training on the iCIMS recruiting system for staff and Emory Temporary Services (ETS). February 7, 2023 from 10:00 am – 11:30 am via Zoom. **Register through ELMS**. Search for course **200833-20211** *Emory Recruiting System (iCIMS) Training - Staff Hiring*. Attendees will learn the process for completing a staff and Emory Temporary Services (ETS) hire. This course will give attendees an understanding of Emory's recruiting system, iCIMS and the hiring process.

## YOUR WELLNESS



The Move More Challenge is back! This fun, annual challenge which began in 2014 has been getting Emory employees to "move more" for years. This year's challenge takes place February 6 - March 20, 2023 and registration is now open. Check out the **webpage** for more information.



## An Ounce of Prevention = A Pound of Cure: Annual Preventive Exam

Remember to get your annual preventive wellness exam early and earn a \$100 medical plan incentive. All Emory employees and spouses who are part of Emory's medical plan are eligible. For women, a well-adult (or well-woman) visit will count for this incentive. The exam generally includes:

- Vital signs
- Heart & lung exam

2023 Move More Challenge

- Head, neck & abdominal exam
- Muscle strength, balance, reflexes

If you need a doctor, you can search for primary care providers:

- Aetna members: www.aetna.com/docfind/custom/emory or call 800-847-9026.
- Kaiser Permanente members: www.kp.org/doctors, or call 404-365-0966.

#### EARN AN INCENTIVE!

Emory employees and spouses who are on the Emory medical plan will receive **a \$100 medical plan incentive** just by getting an annual exam. For women, a well-adult (or well-woman) visit counts for this incentive.

Learn more: about preventive exams and the 2023 incentives.

## YOUR WORKLIFE



#### Save the Date: Emory's Virtual Summer Camp & Learning Expo

The 2023 Summer Camp and Learning Expo will be held virtually on **February 23, from 10 am - 2 pm.** The Expo helps Emory's working parents shop for summer camp and learning activities throughout the metro-Atlanta area. It is open to employees and family members of Emory University and Emory Healthcare. More details to come.



#### **New Parenting Education and Resources**

Emory University is partnering with **Peace At Home Parenting Solutions** to help you take some of the stress out of parenting. Let us help you solve big and small parenting challenges, from age prenatal to young adult, with solutions that are proven to work and easy to use. Resources include live and recorded sessions, parenting library, monthly live Q&A, parenting groups and one: one parent coaching. Be sure to register for services and create log in here.

#### Upcoming Live Sessions:

- School Refusal: What's important to know & what can I do? Feb 2nd 12pm-1pm
- LinkedIn Event: The Impact of Culture & Parenting Styles on Our Kids Feb 3rd 12pm-1pm
- School Success: Inspire Motivation Feb 9th 8pm-9pm
- Hitting & Biting: Set Limits & Get Back on Track with Toddlers and Preschoolers Feb 10th 12pm-1pm
- Help Your Young Child Feel Safe & Secure Feb 16th 12pm-1pm

Learn more here or contact worklife@emory.edu for more information.



#### Upcoming Webinars

### Be In the Know: Emory Worklife Benefits & Resources February 8th, 2023, 12pm-1pm

Learn more about how Emory University supports its employees day in and day out. This session will be a broad overview of all the employee-centered benefits/resources including:

- Child-related issues: finding a center, childcare discounts, locating a nanny, tutoring assistance & discounts, back up care, lactation resources and summer camp.
- Caring for an adult: services include one-on-one coaching, specialized research feature, licensed inhome assessment, support groups, connection to community resources, includes nationwide access.
- Financial wellness: education and tools to help guide you through paying off debt, pursing retirement and everything in between.
- Flexibility: flexible work options, tools, resources and consultation.

Register here. Zoom link will be sent out prior to webinar.

## Webinar: 3 C's for an Effective Estate Plan

#### February 15, 2023, 12pm-1pm

Do your loved ones know your wishes and expectations for your future, and theirs? Learn "The 3 C's of an Effective Estate Plan" to ensure your assets, and those of your loved ones, are handled exactly the way you intend. The 3 C's include:

- 1. Creating documents such as a will, advanced directives, and power of attorney;
- 2. **C**ommunicating your plan; and
- 3. **C**oordinating your assets.

Estate planning can seem overwhelming and complex. Join us for this session to learn more. Facilitated by Georgia Estate & Elder Law, LLC. Register **here**. Zoom link will be sent out prior to webinar.

### Mental Health Essentials for Parents: Knowledge and Skills to Support Your Child (All Ages) February 23, 2023, 12pm-1pm

## Presenter: Ruth E. Freeman, LCS

All children are sad, anxious, irritable, or aggressive at times. Occasionally kids find it challenging to sit still, pay attention, or interact with others. In most cases, these are just typical phases in their development. However, these behaviors may indicate a more serious problem in some children. Without attention, these mental health conditions can prevent children from reaching their full potential. Whether your child is doing fine and you want to prevent future mental health issues, or just doesn't seem like their usual self, or has actually declared concerning thoughts, you can help. After this class, you will be able to:

- Identify and apply relationship strategies that support good mental health in children and teens.
- Recognize the impact of parents' mental health on the family.
- Recognize and respond to signs in children and teens that more mental health support is needed.

#### Register here.

If you have any questions about these webinars or Emory's WorkLife resources please contact <u>mary.ellen.eady@emory.edu</u> or 404-727-4177.

## **NEWS AROUND CAMPUS**



**Emory College Offers Summer Courses for Teens and College-Age Dependents** Did you know your teen and college-age dependent can study at Emory this summer? Emory College of Arts and Sciences offers both credit and noncredit courses all taught by Emory faculty. Financial aid is available.

- Pre-College is open to current high school sophomores and juniors to get a taste of college life. We offer 70+ noncredit and credit courses. To learn more and apply to the 2023 program, visit the Pre-College website.
- Summer school offers two six-week credit sessions for transient study. To learn more
  about our course offerings and to apply as a non-degree seeking transient student, visit
  the Summer Programs website.

#### Become a Digital Marketing Professional Save 10%

Worldwide, nearly two thirds of all companies pour the majority of their marketing budgets into digital channels. Presently there are not enough candidates to fill all the digital marketing roles needed in the field, especially in major metropolitan areas. This is an ideal time to join this field! In the Emory Digital Marketing Certificate, students will learn the essentials to prepare for an entry-level or advancing career in the Digital Marketing field. The next online cohort starts on March 7, 2023, so register now and use the code EAGLE12 at checkout for a 10% discount. Speedtype is accepted and remember, the EAGLE12 10% discount can be applied to any learning from the ECE catalog. **Register now**.

#### International Student and Scholar Services (ISSS) Offers Training Courses

International Student and Scholar Services (ISSS) is excited to offer intercultural communication and personal leadership workshops for faculty and staff. Please register through **ELMS**. Zoom details will be sent to registrants.

- 200836-20267 Intercultural Communication Skills, Part 1: Cultural Self-Awareness Zoom 02/06/2023
- 200864-20268 Intercultural Communication Skills, Part 2: Understanding Others Zoom 02/13/2023
- 200866-20269 Intercultural Communication Skills, Part 3: Developing Intercultural Competencies Zoom 03/13/2023



Attend The Georgia Association for Women in Higher Education's Annual Conference

The Georgia Association for Women in Higher Education's annual conference is sponsored by Emory University and hosted at the Emory University School of Medicine, in partnership with the GAWHE. The theme is *"Women in Higher Education: Together We Rise"* and the conference will be filled with networking, workshops, and panels of women leaders across colleges, universities, and technical colleges across the state of Georgia. Held **February 22nd- 24th**, in-person registration is \$275 and virtual registrations are \$75. Our keynote and plenary speakers includes some of Emory's own: Dr. Carol Henderson, *Vice Provost for Diversity and Inclusion and Chief Diversity* Officer and Dr. Sheryl Heron, *Chief Diversity & Inclusion Officer at Emory University School of Medicine*.

Register at: **GAWHE 2023**. For all inquiries/questions, email GAWHE VP of Programs at **thinkin@emory.edu** or the association at **gawomenhe@gmail.com**. Scholarship information: **Louise McBee Scholarship** (deadline is February 3rd).

#### Employee Discounts: Save with Emory Savings Marketplace

February is almost here and the Emory Savings Marketplace is full of new offers on winter essentials for you and your loved ones! Find exclusive savings and discounts on flowers, gifts, theme park tickets, and rental cars at https://emory.savings.workingadvantage.com.

The Emory Savings Marketplace is updated daily with seasonal offers and exclusive savings on everything from home entertainment to your everyday needs. <u>Visit the website</u> today for the latest discounts on rental cars, theme park tickets, movie tickets, and much more.

