









Get Ready to Rock the Quad -- Countdown to Staff Fest 2024

Friday, June 14 | 11:30 am – 2:00 pm | on the Quad

- Free lunch catered by La Parrilla Mexican Restaurant. Serving starts at 11:30 am (full menu is posted on the website). • Live music with Atlanta's own Band X, playing all the hits from the 70's, 80's, 90's and current faves (not just rock, but pop, disco,
- and more!) You are encouraged to bring your own lawn chairs or blankets to sit on the quad and enjoy the music. Dancing is also encouraged!
- Plus: Volleyball Competition, Fun Run/Fun Walk, Chalk the Walk, games, and much more!

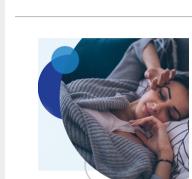
All University staff, faculty, and retirees are invited to attend. Unfortunately, we are unable to accommodate family members or non-University employees.

Visit the <u>Staff Fest website</u> for more info!

RSVP TO STAFF FEST

2024 Staff Fest T-shirts 2024 Staff Fest t-shirts are on sale now at the <u>Blomeyer Health Fitness Center</u> located at <u>1525</u>

Clifton Rd NE, Atlanta, 30322 (Emory Clinic), 5th Floor, Monday-Friday, 6 a.m. - 7 p.m. In four colors: black, purple, red, or heather navy. \$10 each. Bring cash or check made payable to Emory University (NO CREDIT CARDS). If you are driving, you can easily access the fitness center from the top level of the parking deck. The parking deck is located behind the building at 1601 N. Gatewood Road, NE. Parking is always free for the first 30 minutes. Pull a ticket, drive to the top of the deck, look for the orange "Blomeyer Fitness Center" entrance.



Sleep Better, Feel Better Campaign Coming Soon!

Join Healthy Emory's Sleep Better, Feel Better campaign starting on June 17. Did you know that 1 in 7 Americans don't get the recommended 7-9 consecutive hours of sleep daily? Inadequate sleep can decrease your memory and increase your anxiety. During Sleep Better, Feel Better, you'll focus on your sleep to enhance your mental and physical well-being. Record your progress using <u>Healthy</u> Emory Connect (Sharecare) and earn a medical plan well-being incentive or reward!

**Attend the Information Session ** Healthy Emory and Sharecare will provide an overview of the Sleep Better, Feel Better

Healthy Emory Rewards! June 25, 1:00 pm - 2:00 pm, Register here. Emory Veterans Employee Network (EVEN) Flag Day Event

campaign. Join us to learn how to participate and earn medical plan well-being incentives or



Avenue Place Suite B-240, Atlanta, GA, 30329. Register here. Learn more about EVEN's programming by visiting the **EVEN** website.

Emory Veterans Employee Network (EVEN) is hosting a flag day to honor the national flag. All are invited to join the celebration. Friday June 14, 4:00-6:00 pm, Schoolhouse Brewing Gymnasium, 1540



Juneteenth Cookout

Emory Black Employee Network (EBEN) Upcoming Events

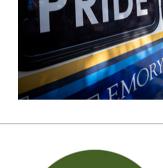
Join Emory Black Employee Network (EBEN) for their annual Juneteenth celebration and cookout. Saturday June 22, 12:00 pm -3:00 pm, Grant Park Gazebo. RSVP here.

Uni-Tea @High Frequency Friday Mix and mingle with the Emory Black Employee Network (EBEN) for a Uni-Tea event at High

Frequency Friday. LGBTQIA+ members and allies are welcome. Friday June 7, 6:00-10:00pm, The High Museum of Art. Purchase tickets here.

Emory Pride Employee Network (EPEN) GAYTL Summit Emory Pride Employee Network (EPEN) is hosting a summit that will feature an informal round-table

conversation on LGBTQIA+ Atlanta History followed by a catered lunch and learn with a keynote speaker. All are invited to join the conversation. Thursday June 20, 10:00 am-1:00 pm, Atwood



Chemistry Center, Room 260. Register here. Learn more about EPEN's programming by visiting the EPEN website.



Primrose School at Emory Healthcare Northlake Coming in August Primrose School, a leader in early childhood education and care is opening a school at Emory

Healthcare's Northlake campus in August 2024. Primrose features a proprietary Balanced Learning Curriculum, low class ratios, and emphasis on character development to help empower children to reach their full potential. For more information about Primrose School, visit their website or call

** University Revising Childcare Subsidy for New School Year ** Emory University is updating and revising the childcare subsidy for the upcoming school year starting in August 2024. The subsidy is for eligible employees who need financial support with

tuition expenses at The Clifton School, Early Emory, or Primrose at Emory Healthcare-Northlake Campus. Visit the <u>HR website/childcare page</u> for more information. Please contact worklife@emory.edu with any questions.



Performance Management The 2024 annual performance management process starts soon (Emory College of Arts and Sciences and Oxford College follow different timelines). All annual forms (self-review, supervisor 360, and

manager appraisal forms) are now available in Bullseye/PeopleSoft. Updated performance management user guides and training videos are available on the Talent

Management website. Scroll to Training and Support Resources and log in. The following live, virtual training sessions will also be offered: **Manager Session:**

Non-Manager Session:

Wednesday, June 5, 1:00 am - 2:00 pm; Register

Tuesday, June 4, 10:00 am - 11:00 am; <u>Register</u> More information about Performance Management at Emory can be found on the Performance

Management website.

Learning & Organizational Development Announces General



Leaning and Organizational Development's new general enrollment course schedule is now available. Courses such as Crucial Conversations, Situational Leadership, Strategies for Influencing Others, and more! Some courses have a cost to the department. View the course schedule.

Diversity Courses



The Diversity and Inclusion Education and Outreach (DIEO) team is offering these 3 Diversity and Inclusion courses during during June and early July.

Enrollment Courses

1. Introduction to Diversity, Equity, and Inclusion, Wednesday, June 12, 2024, 10:00 am – 11:30 2. *Practicing Allyship Series: Introduction to Neurodiversity*, Tuesday, June 25, 2:00 pm – 3:30

- 3. Cultural Appropriation and Appreciation, Thursday, July 11, 10:00 am 11:30 am To register, log into <u>Brainier</u> and search for the course title. You can also learn more about each course by visiting the online calendar.
- **Healthy Emory Service Requests**



Emory offers various programs, resources, and services to support and promote your healthy-living efforts. The Healthy Emory initiative was established to improve employee health and well-being regarding physical activity and fitness, balanced nutrition, culture, community, and stress management. Please see the list below to view some of Healthy Emory's offerings:

 Well-being Education • Active Break (Stretching, Yoga, guided breathing, etc.) Cooking Demonstrations • Ergonomics Assessment and/or Presentation

- Stress Management Presentation Healthy Emory 101 Presentation (Comprehensive overview of all well-being services)
- Well-being Champion Overview • Medical Plan Incentives/Rewards Overview
- Chair Massage Outreach for the Department (additional cost associated) <u>Click here</u> to request service.

Workshops & Webinars Jun 5 Sun Safety

June 5, 2:00 pm | virtual Learn about ultraviolet rays and what you can do to prevent sun damage, identify the signs of heatrelated illness and ways to cool down, and create a realistic action plan that will help you take positive steps toward avoiding heat-related illness. Presented by Kaiser Permanente. All Emory

employees are welcome to attend! Register

Healthy Emory 101 Jun 11 June 11, 3:30 pm | virtual Discover Healthy Emory 101, where we focus on your health and well-being. Learn more about the

> medical plan incentives, rewards, and ways to improve employee health and well-being in financial, emotional & mental, physical, social & community, and learning & career. • <u>Register</u>

LGBTQ+ Basics for Parents: Affirm and Protect Your Child Jun 18

June 18, 12:00 pm | virtual Does the idea of talking with your child about sexual orientation and gender identity feel difficult or even a little scary? Do you wonder how to raise a child to be open to those issues in themselves and an ally to others? Whether your child identifies as LGBTQ+ or you just want to help your kids be more

aware and accepting of the range of identities around them, this virtual session is for you. For more information or if you need help registering, contact worklife@emory.edu. Register

June 18, 3:00 pm | virtual

Jun 18 Aetna Well-being 101

Healthy Emory and Aetna bring you an exclusive series of informational webinars to provide insights into your overall well-being. With a focus on well-being offerings and discounts, these webinars aim to support your health journey, encompassing chronic conditions and overall well-being. • <u>Register</u>



Healthy Emory

Employee Discounts

Blomeyer Health Fitness Center Emory Alliance Credit Union

more and register.

View more upcoming programs and events on the HR Events Calendar.

Event Planning Certificate equips learners to manage business or personal events of all types and sizes like a pro. Gain mastery of the

News from Around Campus

Emory Continuing Education: Do you plan business or social events and wish you had more tips, tools and general expertise? The Emory

aesthetics, logistical planning, tech, safety considerations, and more. The program starts on July 23, 2024. Use the code EAGLE12 at checkout for a 10% discount, and Speedtype is accepted. Learn more and register.

Rollins Health Education Institute Launches Summer 2024: Rollins School of Public Health is excited to announce the launch of a brand-new set of continuing education offerings this summer through a new initiative called the Rollins Health Education Institute. These courses are offered in a variety of formats (in-person, online, and hybrid) and are open to anyone interested in public health including Emory employees. Emory employees eligible for the Courtesy Scholarship may use it to cover tuition for this program. Learn

Learn more about NYCU & view previous issues

are still open! As a CSA member, you receive a weekly box of organic veggies grown at the farm. Pickups are Thursdays in Atlanta and Oxford. Space is limited so <u>sign up now</u> to secure your spot!

Oxford College Farm CSA Signup: Spring is here, and signups for the Oxford College Farm's Community Supported Agriculture Program

EMORY UNIVERSITY HUMAN RESOURCES ADDITIONAL LINKS AND RESOURCES Human Resources Website Faculty Staff Assistance Program SUBMIT A STORY TO NEWS YOU CAN USE Benefits and Worklife Department

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