EMOR Emory University Human Resources

August 5, 2024



Uplifting Our Own: Support Emory Employees in Need

The Emory University Employee Hardship Fund was established to offer monetary grants to Emory employees facing such difficulties. This fund is largely driven by donations from Emory employees, and 100 percent of the monies go to employees with a demonstrated financial hardship. However, between 2020 and 2023, the fund actually awarded more money (\$224,360) than it collected in donations (\$132,959). Now more than ever, our peers need help. Because of a significant drop in donations, this is the first year the fund has had a shortage. Will you give today to support our colleagues in times of crisis?

Donate Now



Planned Maintenance for PeopleSoft HR System

The PeopleSoft HR system will be down for maintenance beginning at **3 pm on Friday, August 9** and will remain out of use throughout the weekend. The system will be operational by **6 am on Monday**, August 12.

During this time, other systems that send or receive data from PeopleSoft will be impacted. This includes systems such as Compass, iCIMS recruiting, Brainier Learning Management, and Bullseye Performance Management. Employees and departments will need to plan accordingly.

Bi-Weekly Employees

For employees who are paid on a bi-weekly basis, Friday, August 9 is a pay date. If you are paid biweekly, please review your paycheck before 3 pm on Friday.

Impact of Maintenance

This planned maintenance will not impact the functionality of the PeopleSoft HR system. You will continue to have the same tiles and access as you had prior to the maintenance. Some of the tiles will be updated with new icons and colors.



Make Sure Your Address and Personal Information are up to date

HR will soon be mailing important information about annual benefits enrollment, so now is a good time to go into Self-Service, look over your personal information and make any updates needed (mailing address, emergency contacts, phone numbers, marital status, and more). Here are the steps:

- Log in to Self-Service
- Click the Personal Information tile
- Click the Personal Details tile
- Go into each menu item and update your information as needed
- Click Save

NEW ERG!

Emory Launches New Employee Resource Group (ERG) for **Employees with Disabilities**

Emory announces the launch of an employee resource group for employees with disabilities. Emory's ERGs are open to all faculty and staff and encourage participation by those who identify with the group as well as allies. To become involved in the ERG for employees with disabilities, fill out the interest form here. To learn more about ERGs at Emory, visit the ERG website.



Performance Management: Have you completed your annual selfreview?

Emory University's performance management process is designed to facilitate communication between supervisors and staff employees regarding job performance and goals. Part of this process is the annual self-review which is due soon for most staff.* The performance management platform (Bullseye) is accessed from <u>Self-Service</u> (click "Talent Mgt.") Training resources are available on the Talent Management website including user guides and video tutorials.

*Timelines vary for different areas. For more information, or if you have questions about the performance management process for your department/division, contact your HR leader.



Join a Summer/Fall Running Group to Prepare for the Winship 5K

The Winship 5K race takes place every Fall on Emory's campus, serving as the largest fundraiser for the Emory Winship Cancer Institute. This year, eligible employees who participate in the race can earn a medical plan incentive. You can join the Healthy Emory Winship team here.

To help you prepare for the Winship 5K, Healthy Emory is partnering with Blomeyer Health Fitness Center and Big Peach Running Company to offer running groups across the Metro Atlanta area. Emory employees have over nine opportunities to train for twelve weeks. Come run with your colleagues and get ready for this monumental race. Join a running group.



Emory Employee Resource Groups Satisfaction Survey

Emory introduced Employee Resource Groups (ERGs) in 2022 and now offers six distinct groups for employees. If you have previously participated in any programming with these ERGs, we invite you to share your feedback through this <u>brief survey</u> before August 7.

To learn more about ERGs at Emory, visit the <u>ERG website</u>.



Get Grounded with FSAP Programs

Getting a solid routine in place can help ground you as you get acclimated to work for the Fall. Make FSAP part of your routine by incorporating the FSAP August offerings:

• Take a moment to do a check-up from the neck-up! The <u>Well-being Check-in</u> can help you gauge your emotional health and coping skills and identify strategies for enhancing your resilience. Complete a survey, have a 1-to1 meeting with a clinician, and walk away with strategies to improve your self-care plan.

Take a step towards prioritizing your mental health with FSAP's online mental health screenings. Designed to provide valuable insights and resources, these screenings are a convenient way to gain a better understanding of your well-being.

- Kick off August in a mindful place with the <u>FSAP Refresh</u>. Take 15 minutes to check in with yourself and receive a self-care tip to get you through the week.
- Participate in <u>Mindful Meditation Practices</u> to learn strategies for staying centered and reducing your stress. Offered on the fourth Wednesday of each month.



Healthy Emory Service Requests

Emory offers various programs, resources, and services to support and promote your healthy living efforts. The Healthy Emory initiative was established to improve employee health and well-being regarding physical activity and fitness, balanced nutrition, culture, community, and stress management.

Click here to request services. See the list below to view some of Healthy Emory's offerings:

- Well-being Education
 - Active Break (stretching, yoga, guided breathing, etc.)

 - Cooking Demonstrations
 - Ergonomics Assessment and/or Presentation
 - Stress Management Presentation
 - Healthy Emory 101 Presentation (comprehensive overview of all well-being services)
 - Well-being Champion Overview
 - Medical Plan Incentives/Rewards Overview
 - Chair Massage Outreach for the Department (additional cost associated)



Sharecare Spotlight - Seated Yoga Flow

Take a quick break and rejuvenate your mind and body with this 4-minute seated yoga flow. Follow along as you are guided through a series of calming stretches and mindful breathing exercises designed to improve flexibility, reduce stress, and enhance overall well-being. No special equipment or prior yoga experience is needed. Access the yoga class at your convenience.

Sign in to your Sharecare app or create an account at <u>healthyemory.sharecare.com</u> to watch.

Click <u>here</u> to learn how to get started with Healthy Emory Connect (Sharecare).

*Benefits-eligible employees are those employees working greater than 20 hours per week



Primrose School at Emory Healthcare Northlake Opens

Primrose School, a leader in early childhood education and care, is opening a school at Emory Healthcare's Northlake campus in August 2024. Primrose features a proprietary balanced learning curriculum, low-class ratios, and an emphasis on character development to help empower children to reach their full potential.

Emory is also offering a subsidy, based on income, to employees to help offset the cost of tuition. Any employee who is not eligible for the subsidy is still eligible for a 10% discount for the first 12 months after Primrose opens.

Emory University employees can access more information about the childcare benefit here.

For questions about the school, tuition rates, enrollment, or what you can expect at the new campus, check out the website here or call Primrose at 678-884-272.



RSITV

Use the Emory Savings Marketplace to Save on Summer Fun

This August, indulge in sun-filled delights from cruises and vacation getaways to hosting your summer parties. Save on flights, hotels, and more. View August offers.

Webinars, Workshops, and Training

Back to School Success: Inspire Motivation Auq 6

8:00 - 9:00 pm, virtual

Come together as a family to have a positive influence on school success this year by setting expectations and creating good habits and routines. Incorporate feedback, problem-solving skills, and positive communication for your children's best year yet. Register to learn and discuss tools to support your child's learning and motivation that quickly produce positive results.

Healthy Emory 101 Aug 13

1:00 - 1:30 pm, virtual

Discover Healthy Emory 2024, where we focus on your health and well-being. Learn more about medical plan incentives, rewards, and ways to improve employee health and well-being in financial, emotional and mental, physical, social and community, and learning and career. <u>Register</u>.

Get a Handle on Your Current Student Loan Debt **Aug 20**

12:00 - 1:00 pm, virtual

<u>Register</u> for this workshop to help you find a better way to pay off your student loan debt by introducing you to a number of different repayment approaches.



The Diversity and Inclusion Education and Outreach (DIEO) team is offering six different Diversity and Inclusion courses in August, 2024:

- 1. Addressing Microaggressions, Tuesday, August 6, 2024, 10:00 11:30 am
- 2. Addressing Microaggressions, Wednesday, August 7, 2024, 10:00 11:30 am
- 3. Cultural Appropriation & Appreciation, Thursday, August 15, 2024, 10:00 11:30 am
- 4. Introduction to Diversity, Equity, and Inclusion, Wednesday, August 21, 2024, 2:00 3:30 pm
- 5. Practicing Allyship Series: Introduction to Transgender Communities, Tuesday, August 27, 2:00 - 4:00 pm
- 6. Practicing Allyship Series: Introduction to Neurodiversity, Thursday, August 29, 2024, 10:00 - 11:30 am

If you see that a training course you would like to attend is already full, please JOIN THE WAITLIST! Bonus sessions are often provided for popular courses. Joining the waitlist ensures we know 1) when to offer an additional opportunity and 2) to send you an invite or update on any openings.

You can learn more about each course by visiting the <u>online calendar</u>.

<u>Download course flyer</u>

To register, log into PeopleSoft/Self-Service and select the *Learning Management* tile, then, click on the Learning Management-Brainier tile and search for the course title.

News from Around Campus

- Step up and make a difference at the Atlanta 9/11 Stair Climb, a heartfelt event dedicated to honoring all those we lost and the brave first responders who made the ultimate sacrifice on September 11, 2001. Join the Goizueta Business School Veterans Association at Mercedes-Benz Stadium to unite the community in a powerful tribute that honors the fallen and supports those who continue to protect every day. September 11, 6:00 - 8:00 pm; register for the free event <u>here</u>.
- Looking for ways to get to and around campus? Want to explore Atlanta without a car? Visit the Annual Sustainable Transportation Fair, hosted by Emory Transportation and Parking Services, Emory Office of Sustainability Initiatives, and the Clifton Corridor Transportation Management Association. This event features 30+ organizations showcasing public transit, EVs, bikes, carpools, and more! September 17, 11:00 am-2:00 pm at McDonough Plaza; learn more here.
- Emory's Office of Sustainability offers funding opportunities through the **Office of Sustainability Incentive Fund** to empower the Emory community to implement new ideas and research that support innovation, knowledge-gathering, and positive behavior changes on campus. Learn more about the fund <u>here</u> and apply before the deadline on September 20.

