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SEPTEMBER 6, 2022

it pays 🗐 to have friends

Emory University Launches new Employee Referral Program

Emory's new Employee Referral Program, "It Pays to Have Friends," offers a **\$500 bonus** to current employees who refer their friends or family members for jobs at the University. The bonus is paid for each successful referral (no maximums). Open to **staff members and post docs** who currently hold a regular full-time or part-time position and are in good standing (some additional eligibility restrictions also apply). A referral must:

- be someone you know personally
- meet the minimum qualifications of the role
- be selected for the position
- start on or after September 1, 2022
- remain employed for the first 90 days

Referral bonuses are paid after the referred hire successfully completes three (3) months of employment. For more information on eligibility requirements, instructions for submitting a referral, and frequently asked questions, visit the webpage at <u>www.emory.edu/itpays</u>.

YOUR WELLNESS



Refresh From Stress: Yoga/Tai Chi Sessions and Stress Management Webinars

You are encouraged to make time to engage in simple and fun activities that focus on resilience, self-care, mindfulness, and social connections through the end of the month (and beyond). In partnership with our colleagues at Kaiser Permanente, Healthy Emory will be hosting a **webinar series** focused on **Stress Management** every Wednesday during the month of September. There will also be **Yoga and Tai Chi Sessions** hosted both in person (at select locations) and live streamed throughout the enterprise!

For more information and to register for any of these activities, visit the **Refresh From Stress Webpage**. Don't forget to log in to **Healthy Emory Connect** to participate in our online challenges and activities to earn points towards your medical plan incentive!

YOUR BENEFITS



Learn to Navigate Fidelity's NetBenefits Website

Fidelity is offering webinars to show you how to navigate the NetBenefits website. This site will now be used

for enrolling in/making contribution changes to your retirement plan.

- Wednesday, September 7, at 12:00 p.m.
- Tuesday, September 13, at 4:00 p.m.

Register here.

YOUR LEARNING

General Enrollment Courses

Learning and Organizational Development announces general enrollment classes which will take place through November, 2022. View upcoming classes.

Learning Labs Course Offerings

Take time for your own professional development with Learning Labs, new courses which are designed to help you build your skills and expand your learning in a quick and cost-effective way. A new set of Learning Labs is offered through November, 2022. View offerings.

YOUR FSAP

Anxiety Toolbox Series Offered in September

Develop skills and practical strategies for preventing and reducing anxiety with this three-session, virtual seminar. The skills you will learn can help you cope, function more effectively, and enhance your well-being. Sessions will be offered on **Thursdays @ 1:30-2:30 pm from September 15-29th**. <u>Register</u>.

YOUR WORKLIFE

Emory Worklife Offers Webinars

These webinars are offered by the Benefits and Worklife Department and vendor partners. If you have any questions about these webinars or family centered benefits at Emory, contact worklife@emory.edu. All sessions will be recorded and sent out to registered employees.

Be in the Know: Emory Family Centered Benefits

September 21, 2022 12pm-1pm; Register here.

Learn more about how Emory University supports its employees day in and day out with this session which provides a broad overview of all the family centered benefits/resources for child related issues, caring for an adult, financial wellness, and workplace flexibility. Facilitated by Benefits & WorkLife staff.

Managing Screen Time in the Digital World

September 22, 12:30 p.m; Register here.

Remote school and video chats have made screen time more normal at an early age. Learn how to negotiate screen time for your child, set healthy boundaries, and navigate your increasingly digital life. Facilitated by Bright Horizons.

Unlock Secret to Financial Wellbeing

September 27, 2022, 12pm-1pm; Register here.

Good personal finance management allows you to learn how to control your money so you can achieve your financial goals. Join this session to identify beliefs around money and how those affect your financial wellbeing. This session will also assist in developing a personal strategy for taking control of your finances. Facilitated by Emory vendor, WorkPlace Options.

Should I or Shouldn't I? When to Update Your Documents

Thursday, October 6, 2022 12pm-1pm; Register here.

Life altering events should be a motivator for adults to update their estate planning documents. Time often gets in the way of good intentions and critical revisions are never made. This presentation will discuss The Five Ds: Death, Divorce, Diagnosis, Dependents and Displacement and their impact on your estate planning and surrogate decision making. Learn what triggers should prompt a thorough review of your plan as well as the potential pitfalls facing those who procrastinate. Register to receive zoom link. Facilitated by Hurley Elder Law with Emory Benefits & Worklife.

NEWS AROUND CAMPUS

Emory Black Employee Network Leadership Series

Everyone has a story to tell. What's yours? What brought you to Emory, what keeps you here, and who keeps you grounded?

Emory Black Employee Network Presents



We stand on the shoulders of giants. This is our time to share -- and to shine. Do not miss this event. Register today and bring a friend. This leadership series is open to all, because we all have a story to tell.

EBEN Leadership Series

with Enku Gelaye, Senior Vice President and Dean of Campus Life Noon to 1 p.m. Thursday, September. 15, 2022 Harland Cinema (across from the Emory Student Center in the old "DUC") Register: https://forms.office.com/r/PHYyx3W5pw

Earn Your MPH Degree While You Work

Earn an MPH degree, designed for working professionals, with a focus in Applied Epidemiology or Prevention Science from the #4 ranked school of public health. The Executive MPH (EMPH) program at the Rollins School of Public Health provides a convenient hybrid format that allows you the flexibility to broaden your public health horizons while continuing to work full-time. Tuition benefits are available for eligible Emory employees.

Join us for our upcoming fall open house event, Destination Public Health on **Saturday, October 22 from 9AM-4PM** ET, to learn more about the EMPH program. Discover how Rollins uniquely prepares students for the growing field of public health while you connect with faculty, students, and staff. Learn more and register.



EMORY EMORY

Expand your possibilities. Earn an MPH without pausing your life.

LEARN MORE AT DESTINATION PUBLIC HEALTH OCTOBER 22, 2022 | 9AM-4PM ET

sph.emory.edu/emph

Intercultural Communication and Leadership Training for Faculty and Staff

International Student and Scholar Services (ISSS) is excited to offer intercultural communication and leadership workshops for faculty and staff. Please register through **ELMS**. Zoom details will be sent to registrants.

- 9/19/22, 2:00 pm 3:30 pm, Personal Leadership: Making a World of Difference Part 1. ELMS Course Number: 200838-19747
- 10/3/22, 2:00 pm 3:30 pm, Personal Leadership: Making a World of Difference Part 2. ELMS Course Number: 200843-19748
- 10/24/22, 10:00 am 11:30 am, Intercultural Communication Part 1: Cultural Self-Awareness. ELMS Course Number: 200836-19752
- 10/31/22, 10:00 am 11:30 am, Intercultural Communication Part 2: Understanding Others. ELMS Course Number: 200864-19753
- 11/14/22, 10:00 am 11:30 am, Intercultural Communication Part 3: Developing Intercultural Competencies (Mindset, Skillset, Heart Set).
 ELMS Course Number: 200866-19754



Emory program diversifies medical research, health

You can help improve the health of populations historically excluded from medical research and care, by participating in the "All of Us Research Program," an ambitious National Institutes of Health (NIH) project.

Learn more.



EMORY UNIVERSITY HUMAN RESOURCES

ADDITIONAL LINKS AND RESOURCES Human Resources Website Emory Forward (COVID-19 Info) Faculty Staff Assistance Program Benefits and Worklife Department Healthy Emory Employee Discounts Blomeyer Health Fitness Center Emory Alliance Credit Union Emory News Center

SUBMIT A STORY TO NEWS YOU CAN USE

View Previous NYCU Issues

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