



# news you can use

Emory University Human Resources

SEPTEMBER 19, 2022



### Refresh From Stress: Yoga/Tai Chi Sessions and Stress Management Webinars

You are encouraged to make time to engage in simple and fun activities that focus on resilience, self-care, mindfulness, and social connections through the end of the month (and beyond). In partnership with our colleagues at Kaiser Permanente, Healthy Emory will be hosting a **webinar series** focused on **Stress Management** every Wednesday during the month of September. There will also be **Yoga and Tai Chi Sessions** hosted both in person (at select locations) and live streamed throughout the enterprise!

For more information and to register for any of these activities, visit the [Refresh From Stress Webpage](#). Don't forget to log in to [Healthy Emory Connect](#) to participate in our online challenges and activities to earn points towards your medical plan incentive!

## YOUR REWARDS



### Emory University Launches new Employee Referral Program

Emory's new Employee Referral Program, "It Pays to Have Friends," offers a **\$500 bonus** to current employees who refer their friends or family members for jobs at the University. The bonus is paid for each successful referral (no maximums). Open to **staff members and post docs** who currently hold a regular full-time or part-time position and are in good standing (some additional eligibility restrictions also apply). A referral must:

- be someone you know personally
- meet the minimum qualifications of the role
- be selected for the position
- start on or after September 1, 2022
- remain employed for the first 90 days

Referral bonuses are paid after the referred hire successfully completes three (3) months of employment. For more information on eligibility requirements, instructions for submitting a referral, and frequently asked questions, visit the webpage at [www.emory.edu/itpays](http://www.emory.edu/itpays).

## YOUR LEARNING

### General Enrollment Courses

Learning and Organizational Development announces general enrollment classes which will take place through November, 2022. [View upcoming classes.](#)

### Learning Labs Course Offerings

Take time for your own professional development with Learning Labs, new courses which are designed to help you build your skills and expand your learning in a quick and cost-effective way. A new set of Learning Labs is offered through November, 2022. [View offerings.](#)

## YOUR WORKLIFE

### Emory Worklife Offers Webinars

These webinars are offered by the Benefits and Worklife Department and vendor partners. If you have any questions about these webinars or family centered benefits at Emory, contact [worklife@emory.edu](mailto:worklife@emory.edu). All sessions will be recorded and sent out to registered employees.

#### Be in the Know: Emory Family Centered Benefits

September 21, 2022 12pm-1pm; [Register here.](#)

Learn more about how Emory University supports its employees day in and day out with this session which provides a broad overview of all the family centered benefits/resources for child related issues, caring for an adult, financial wellness, and workplace flexibility. Facilitated by Benefits & WorkLife staff.

#### Managing Screen Time in the Digital World

September 22, 12:30 p.m.; [Register here.](#)

Remote school and video chats have made screen time more normal at an early age. Learn how to negotiate screen time for your child, set healthy boundaries, and navigate your increasingly digital life. Facilitated by Bright Horizons.

#### Unlock Secret to Financial Wellbeing

September 27, 2022, 12pm-1pm; [Register here.](#)

Good personal finance management allows you to learn how to control your money so you can achieve your financial goals. Join this session to identify beliefs around money and how those affect your financial wellbeing. This session will also assist in developing a personal strategy for taking control of your finances. Facilitated by Emory vendor, WorkPlace Options.

#### Should I or Shouldn't I? When to Update Your Documents

October 6, 2022 12pm-1pm; [Register here.](#)

Life altering events should be a motivator for adults to update their estate planning documents. Time often gets in the way of good intentions and critical revisions are never made. This presentation will discuss The Five Ds: Death, Divorce, Diagnosis, Dependents and Displacement and their impact on your estate planning and surrogate decision making. Learn what triggers should prompt a thorough review of your plan as well as the potential pitfalls facing those who procrastinate. Register to receive zoom link. Facilitated by Hurley Elder Law with Emory Benefits & WorkLife.

## NEWS AROUND CAMPUS



### Allyship Panel Discussion

We often hear the term allyship, but what exactly does it mean? This panel discussion will explore the topic of allyship and answer questions such as "What does it look like to be an ally at work?", "How can one go from being a bystander to an upstander?" This conversation is sponsored by the **Emory Black Employee Network** and **Emory Pride Employee Network**. The discussion will be moderated by Nicole Ingram, Director of Programs & Special Initiatives, Office of Diversity, Equity, and Inclusion.

**Date:** Wednesday, September 28, 2022, 12:00 noon - 1:00 pm

**Who:** Open to all Emory University faculty and staff

**Location:** Zoom (virtual)

**Registration:** [https://emory.zoom.us/webinar/register/WN\\_xa-4RK2gSDyBf7FjNvKrQ](https://emory.zoom.us/webinar/register/WN_xa-4RK2gSDyBf7FjNvKrQ)

### Emory University Pride Employee Network - Trans Education Panel

Meet several leaders and trailblazers in the trans community to hear about major struggles this community faces and other important topics.

**Date:** Monday, October 3, 2022, 12:00 noon - 1:00 pm

**Location:** Zoom (virtual)

**Registration:** [https://emory.zoom.us/meeting/register/UJEkc-grDlqHtG4yJzr1AkA688HMXrx\\_8rz](https://emory.zoom.us/meeting/register/UJEkc-grDlqHtG4yJzr1AkA688HMXrx_8rz)



### Emory's 1599 building will continue to serve as a polling place for General Election

Emory is honored that DeKalb County has selected our campus as a [polling site](#) and Emory's 1599 building will continue to serve for the General Election. Early Voting for the General Election will begin on Monday, October 17, and end on Friday, November 4, with Election Day being Tuesday, November 8. Offering a campus building for voting is part of the university's ongoing efforts to promote civic engagement across our entire community. If you're a DeKalb County voter, we encourage you to vote at Emory's 1599 Clifton Rd NE Atlanta, GA 30322). For more information on this work, please visit the [Emory Votes Initiative](#).

### Earn Your MPH Degree While You Work

Earn an MPH degree, designed for working professionals, with a focus in Applied Epidemiology or Prevention Science from the #4 ranked school of public health. The Executive MPH (EMPH) program at the Rollins School of Public Health provides a convenient hybrid format that allows you the flexibility to broaden your public health horizons while continuing to work full-time. Tuition benefits are available for eligible Emory employees.

Join us for our upcoming fall open house event, Destination Public Health on **Saturday, October 22 from 9AM-4PM ET**, to learn more about the EMPH program. Discover how Rollins uniquely prepares students for the growing field of public health while you connect with faculty, students, and staff. [Learn more and register.](#)



### Intercultural Communication and Leadership Training for Faculty and Staff

International Student and Scholar Services (ISSS) is excited to offer intercultural communication and leadership workshops for faculty and staff. Please register through [ELMS](#). Zoom details will be sent to registrants.

- 10/3/22, 2:00 pm – 3:30 pm, Personal Leadership: Making a World of Difference Part 2. ELMS Course Number: 200843-19748
- 10/24/22, 10:00 am – 11:30 am, Intercultural Communication Part 1: Cultural Self-Awareness. ELMS Course Number: 200836-19752
- 10/31/22, 10:00 am – 11:30 am, Intercultural Communication Part 2: Understanding Others. ELMS Course Number: 200864-19753
- 11/14/22, 10:00 am – 11:30 am, Intercultural Communication Part 3: Developing Intercultural Competencies (Mindset, Skillset, Heart Set). ELMS Course Number: 200866-19754



EMORY

EMORY UNIVERSITY HUMAN RESOURCES

#### ADDITIONAL LINKS AND RESOURCES

- [Human Resources Website](#)
- [Emory Forward \(COVID-19 Info\)](#)
- [Faculty Staff Assistance Program](#)
- [Benefits and Worklife Department](#)
- [Healthy Emory](#)
- [Employee Discounts](#)
- [Blomeyer Health Fitness Center](#)
- [Emory Alliance Credit Union](#)
- [Emory News Center](#)

SUBMIT A STORY TO  
NEWS YOU CAN USE

[View Previous NYCJ Issues](#)