



Download the Aetna Health<sup>SM</sup> app to make it easier to manage your benefits on the go!



English



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[Claims](#)

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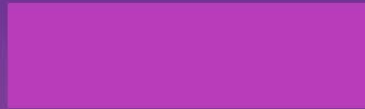
[Find Care & Pricing](#)

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Welcome,



## Find Care & Pricing



Find a Provider



Find a Dentist



Get Quick Care



Manage my Primary  
Care

# Health & Wellness



## Wellness Tools

Boost your health, save money and achieve your goals.



### Stay Healthy

Access your health assessment, health record and personalized health and wellness programs. You can also get helpful information about procedures, conditions and treatments.

[Access Wellness](#) 



### Breast Health Survey

Help Aetna enhance the breast cancer programs we offer to our members and develop new programs.

[Begin the survey](#) →



### Maternity Support Center

Staffed by nurses with maternity experience, this program provides resources, tips and guidance to help you through each stage of your pregnancy journey.

[Access Support](#) →

## Quick Links

Online Health Programs

Personal Health Record

Incentives

## Online Health Programs



Our online programs can guide you to improve your health or better manage a chronic condition.

Launch My Programs

## Vitals

	Current	Source
Weight	Result Not Available	
Height	Result Not Available	
BMI	Result Not Available	
Waist Circumference	Result Not Available	
Blood Pressure	Result Not Available	
Blood Glucose	90 mg/dL	Claims
HDL Cholesterol	Result Not Available	
LDL Cholesterol	Result Not Available	
Total Cholesterol	Result Not Available	
Triglycerides	Result Not Available	
Creatinine	0.86 mg/dL	Claims
Hemoglobin A1c	Result Not Available	
Asthma Peak Flow	Result Not Available	

## Alerts & Tasks

Please be sure to discuss urgent health alerts with your doctor.

### Alert

You do not have any active alerts.

Check here for other ways to improve your health, like reminders about overdue tests.

Task	Importance
Complete your health assessment	★★★★
Have you had a Tdap vaccine?	★★★★
Have you had your cholesterol checked?	★★★★
How to protect yourself from hepatitis B	★★★
Do you need the latest COVID-19 booster?	★★★
Have you had this recommended screening?	★★★
Track your weight	★★
Have you been tested for hepatitis C?	★★
8 items	

## Goals & Accomplishments

Goals Accomplishments

Add Goal

We haven't received any goals from you yet. You can add and update your health goals at any time.

## Incentives

### Active Incentive programs

You may be eligible to earn incentives when you participate in these programs.

Diabetes Prevention Program (DPP)	Total earned - \$0
Healthy Emory Connect (Sharecare) Activities	Total earned - \$150
Annual Preventive Wellness Visit (Well Adult or Well Woman)	Total earned - \$0

### Expired Incentive programs

Below are programs that were available in the past year. You can view incentive status, but you can't earn new incentives.

2022 Wellness Incentive (HSA)	Total earned - \$163
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Quick Links

Personal Health  
Record

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Total earned - \$150

*Who's Eligible: Employee/Spouse/Partner from Jan 1, 2023 to Nov 15, 2023*

Activity	Complete By	Reward	Status
Q1 Move More	11/15/2023	75.00	Completed
Q2 Eat Right	11/15/2023	75.00	Completed
Q3 Refresh Stress	11/15/2023	75.00	Not completed
Q4 Sleep Better 23	11/15/2023	75.00	Not completed
RealAge HRA	11/15/2023	25.00	Not completed

Annual Preventive Wellness Visit (Well Adult or Well Woman)

Total earned - \$0

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