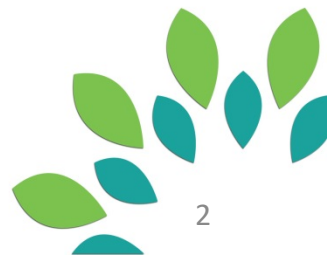




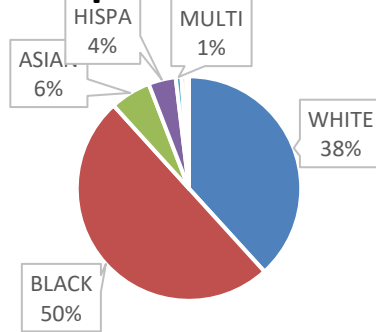
2020 Program Evaluation Survey Results

- Survey developed as a result of recommendations from 2020 Healthy Emory evaluation project with Ron Goetzel and team at Johns Hopkins University.
- Survey administered to all Emory University employees in mid-late January 2021 and to all Emory Healthcare employees in early February 2021.
- Enterprise-wide responses = 4,055/37,453 (11%)
- Emory University responses = 1,261/13,783 (9%)
- Emory Healthcare responses = 2,794/23,670 (12%)

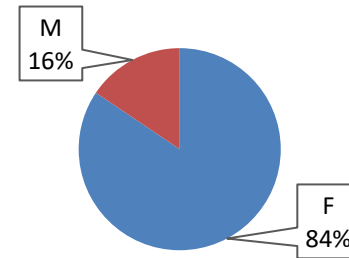


Demographic Data: Ethnicity & Gender

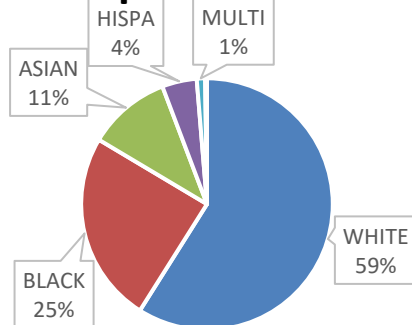
Ethnicities of EHC Respondents



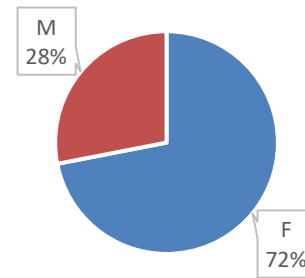
Gender of EHC Respondents



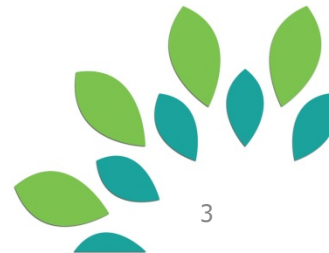
Ethnicities of EUV Respondents



Gender of EUV Respondents

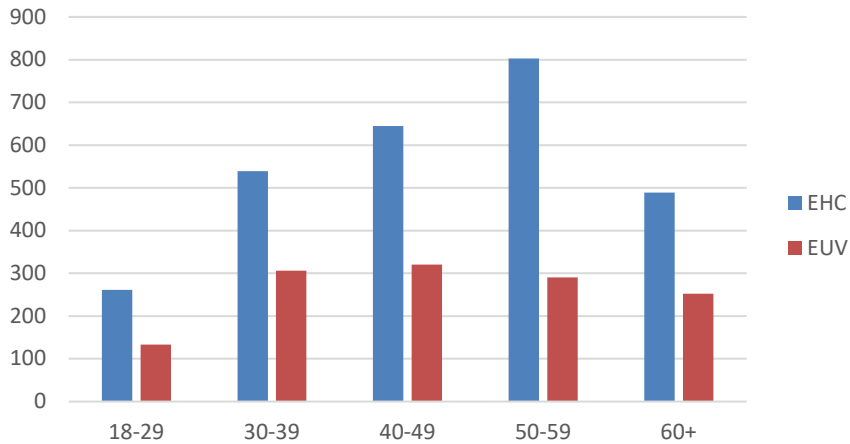


Total N = 4,038
 EHC = 2,737
 EUV = 1,301

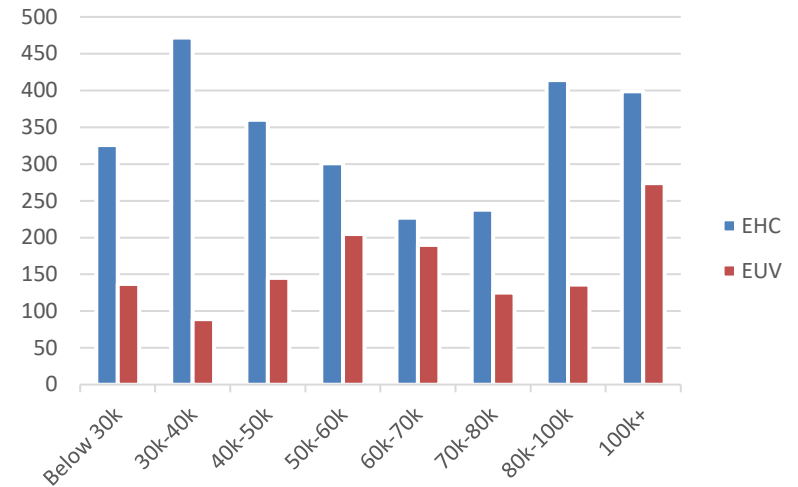


Demographic Data: Salary & Age Bands

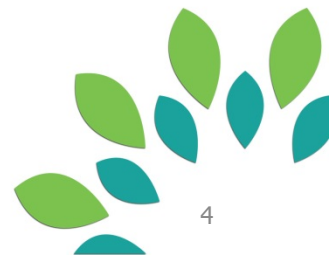
Respondent Age



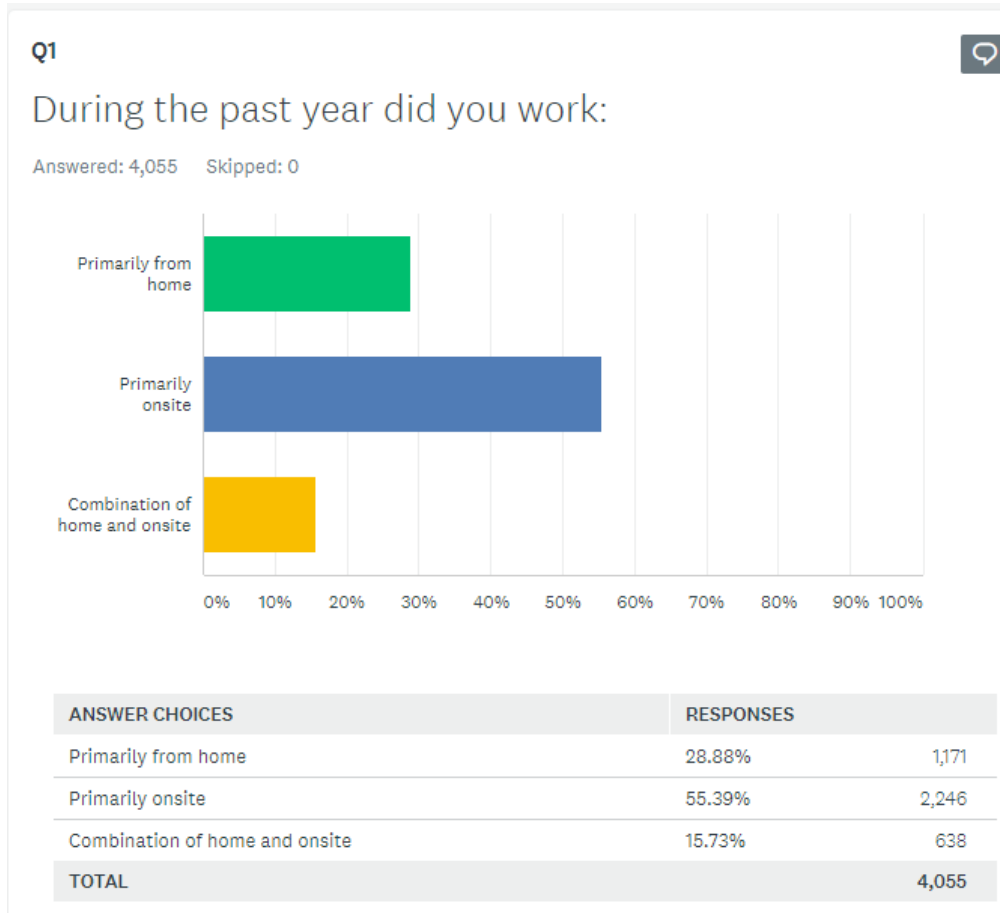
Respondent Income



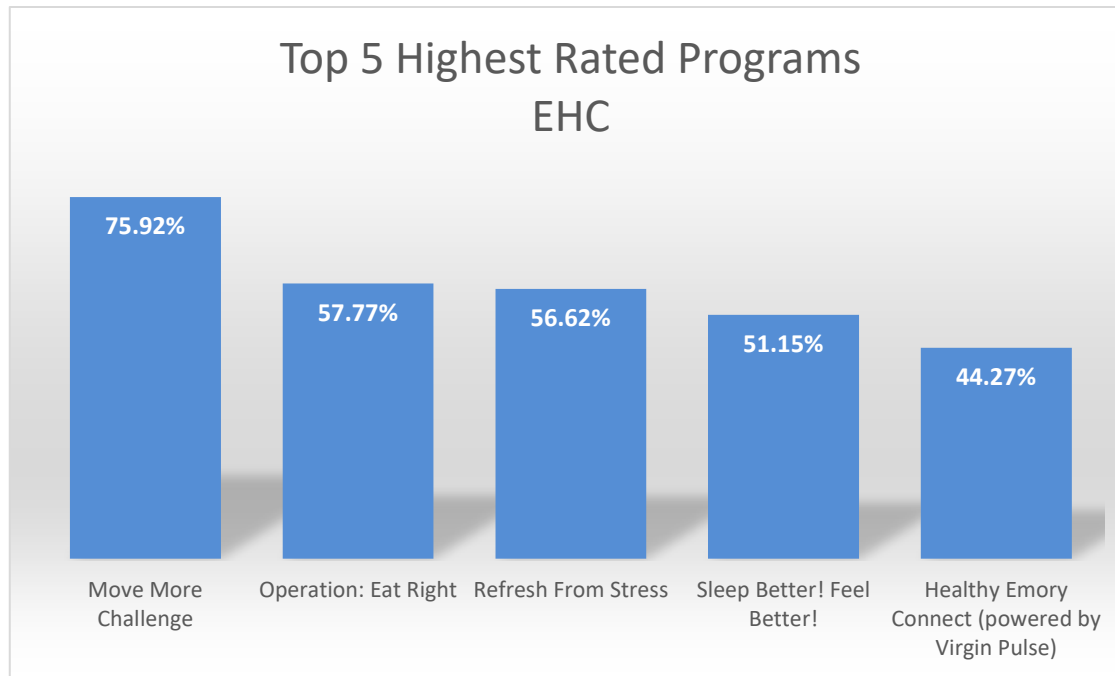
Total N = 4,038
 EHC = 2,737
 EUV = 1,301



Q1: During the past year did you work:



Q2: Which of the following Healthy Emory programs are you aware of?





Q3: How satisfied were you with the following Enterprise programs?

Answer Choices	Very Satisfied /Satisfied	Neither Satisfied nor Unsatisfied	Unsatisfied/ Very Unsatisfied	Did Not Participate	Weighted Average
Move More Challenge	42%	9%	2%	48%	4.12
Refresh From Stress	33%	9%	2%	56%	4.02
Healthy Emory Connect (powered by VP)	34%	10%	3%	54%	3.99
Sleep Better! Feel Better!	27%	9%	1%	63%	3.97
Operation: Eat Right	26%	8%	1%	65%	3.95
Walking Groups	15%	8%	1%	76%	3.87
Better Choice	15%	8%	1%	76%	3.82
Onsite blood pressure kiosks	13%	8%	1%	78%	3.78
Active Works	12%	9%	1%	78%	3.75
Blomeyer Health Fitness Center	11%	9%	1%	79%	3.72
Diabetes Prevention Program	10%	8%	1%	81%	3.7
Healthy New YOU Expo	9%	8%	1%	82%	3.66
Onsite healthy vending machines	11%	9%	1%	79%	3.58
Tobacco Cessation Programs	6%	8%	0%	85%	3.53
Ergonomic Services	7%	9%	1%	84%	3.52





Q3: How satisfied were you with the following programs?

EHC

Answer Choices	Very Satisfied/Satisfied	Neither Satisfied nor Unsatisfied	Unsatisfied /Very Unsatisfied	Did Not Participate/Use	Weighted Average
Move More Challenge	40%	10%	2%	48%	4.1
Refresh From Stress	33%	9%	2%	56%	4.01
Sleep Better! Feel Better!	28%	10%	1%	62%	3.97
Operation: Eat Right	28%	9%	1%	62%	3.95
Healthy Emory Connect	31%	10%	3%	56%	3.95
Better Choice	19%	10%	1%	71%	3.83
Walking Groups	16%	9%	1%	74%	3.81
Active Works	14%	10%	1%	75%	3.74
Onsite blood pressure kiosks	15%	9%	1%	75%	3.74
Diabetes Prevention Program	12%	10%	1%	77%	3.67
Healthy New YOU Expo	10%	10%	1%	80%	3.6
Blomeyer Health Fitness Center	10%	10%	1%	79%	3.6
Onsite healthy vending machines	12%	10%	2%	76%	3.55
Tobacco Cessation Programs	8%	10%	0%	82%	3.54
Ergonomic Services	8%	10%	1%	81%	3.51

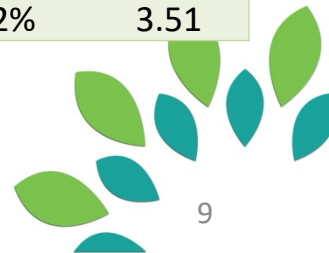




Q3: How satisfied were you with the following programs?

EUV

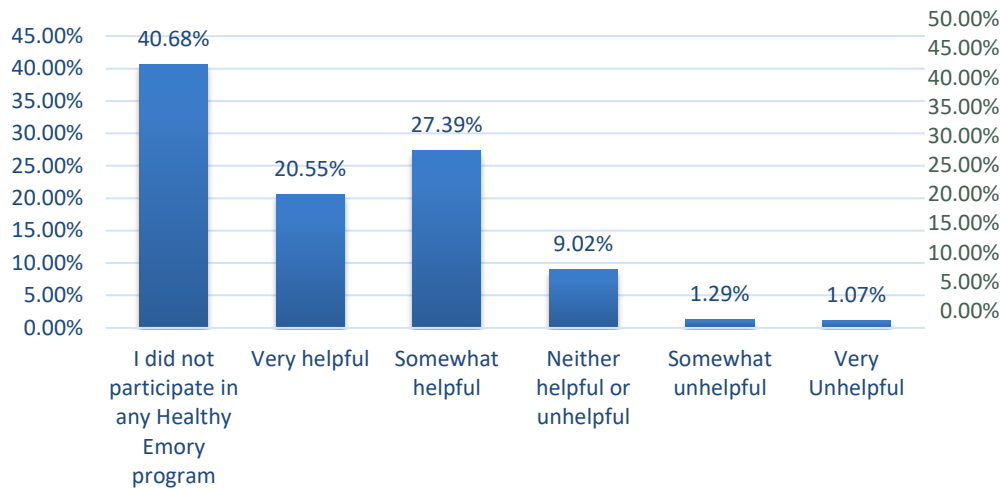
Answer Choices	Very Satisfied/ Satisfied	Neither Satisfied Nor Unsatisfied	Unsatisfied /Very Unsatisfied	Did Not Participate/Use	Weighted Average
Move More Challenge	44%	7%	1%	47%	4.17
Healthy Emory Connect (powered by VP)	40%	9%	3%	48%	4.06
Refresh From Stress	34%	9%	2%	56%	4.04
Walking Groups	14%	6%	0%	80%	4.04
Blomeyer Health Fitness Center	14%	6%	1%	80%	3.99
Sleep Better! Feel Better!	26%	8%	1%	65%	3.97
Operation: Eat Right	21%	7%	1%	71%	3.94
Onsite blood pressure kiosks	9%	5%	0%	86%	3.94
Healthy New YOU Expo	8%	5%	0%	87%	3.86
Diabetes Prevention Program	6%	5%	0%	89%	3.81
Active Works	8%	6%	0%	86%	3.79
Better Choice	7%	6%	0%	86%	3.74
Onsite healthy vending machines	8%	5%	1%	85%	3.7
Ergonomic Services	4%	5%	0%	90%	3.6
Tobacco Cessation Programs	3%	5%	0%	92%	3.51



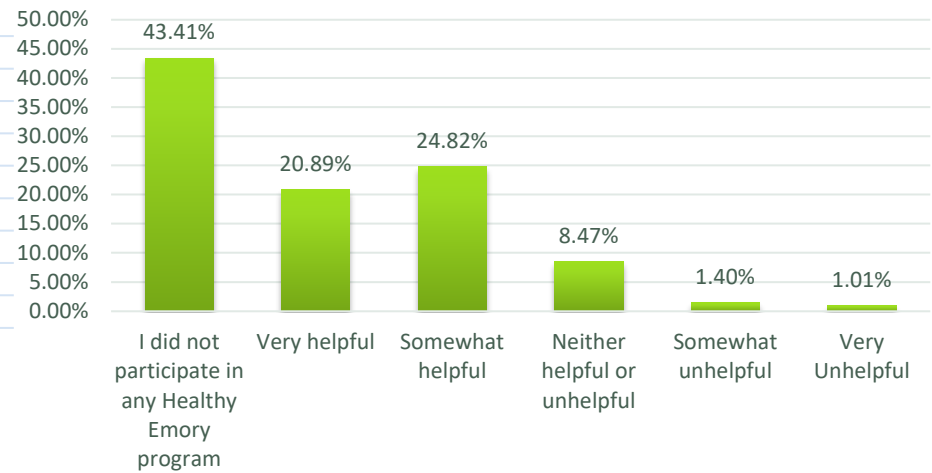


Q4: After participating in Healthy Emory program(s), how helpful were the program(s) in your health improvement efforts?

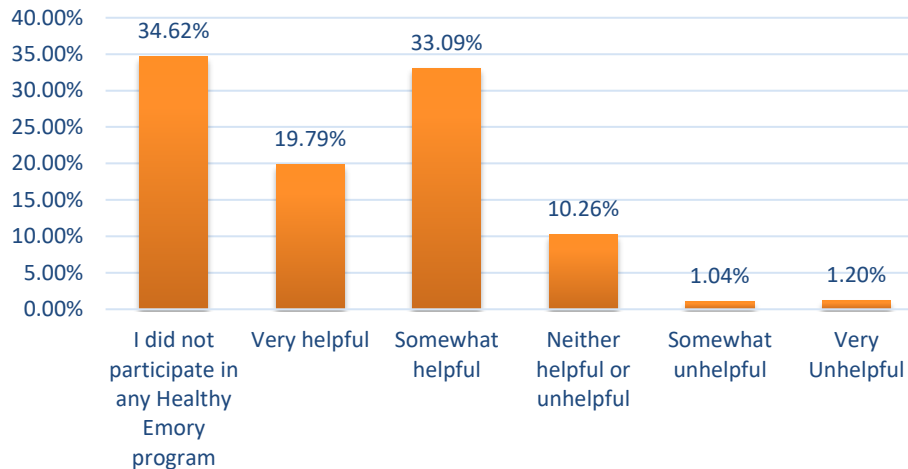
Enterprise



EHC



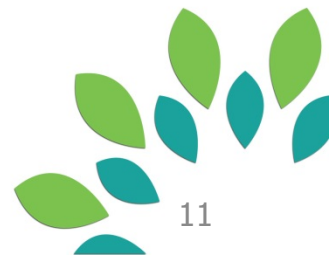
EUV





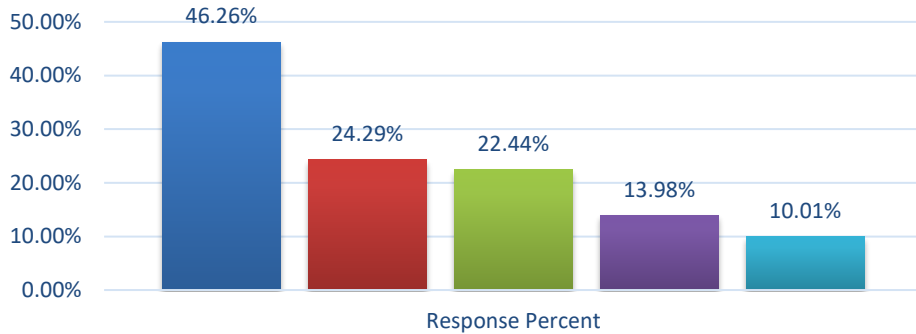
Q5: In general, please rate the quality of Healthy Emory Programs:

Answer Choices	Poor	Fair	Good	Very Good	Excellent	I did not participate in any Healthy Emory Programs	Total	Weighted Average
Enterprise	1%	4%	17%	21%	17%	41%	4055	3.82
EHC	1%	4%	17%	19%	15%	43%	2794	3.79
EUV	1%	3%	17%	24%	20%	35%	1261	3.87



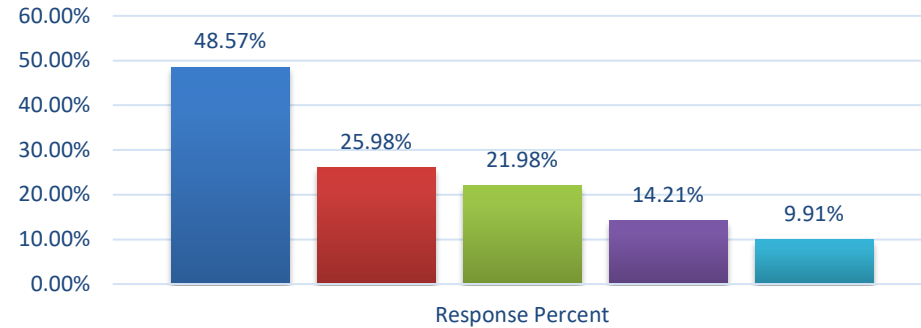
Q6: Choose the two most important barriers for you:

Enterprise



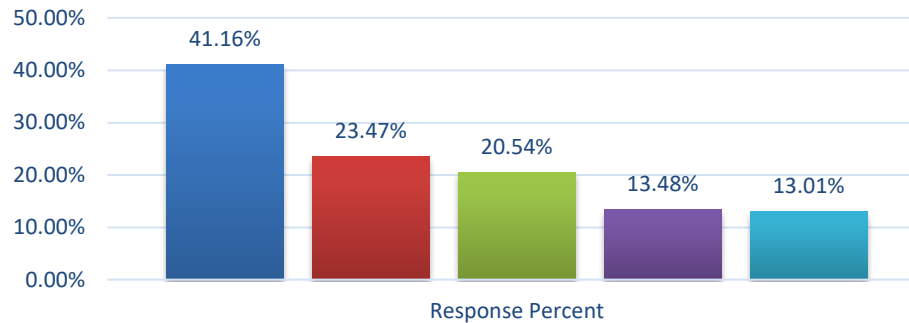
- No time during my day to participate
- Unaware
- I have no barriers to participation
- Inconvenient
- Not interested

EHC



- No time during my day to participate
- Unaware
- I have no barriers to participation
- Inconvenient
- Not interested

EUV



- No time during my day to participate
- I have no barriers to participation
- Unaware
- Inconvenient
- Does not meet my personal needs



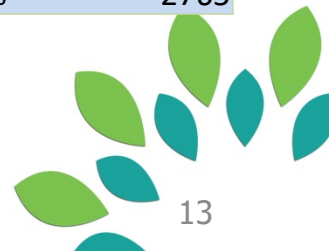


Q7: To what extent do you agree or disagree with the following: Culture of Health and Wellbeing

Enterprise	Strongly Agree/Agree	Neither Agree nor Disagree	Disagree/Strongly Disagree	Total
Emory cares about my health and wellbeing.	76%	18%	6%	4035
My manager supports employees' health and wellbeing.	60%	31%	9%	4041
I am proud to work at Emory.	85%	12%	3%	4036
I believe Emory is a great place to work.	82%	14%	4%	4020

EUV	Strongly Agree/Agree	Neither Agree nor Disagree	Disagree/Strongly Disagree	Total
Emory cares about my health and wellbeing.	81%	15%	4%	1259
My manager supports employees' health & wellbeing.	68%	26%	6%	1261
I am proud to work at Emory.	88%	10%	2%	1257
I believe Emory is a great place to work.	85%	11%	4%	1255

EHC	Strongly Agree/Agree	Neither Agree nor Disagree	Disagree/Strongly Disagree	Total
Emory cares about my health and wellbeing.	75%	19%	6%	2776
My manager supports employees' health and wellbeing.	56%	33%	11%	2780
I am proud to work at Emory.	83%	13%	3%	2779
I believe Emory is a great place to work.	80%	15%	4%	2765

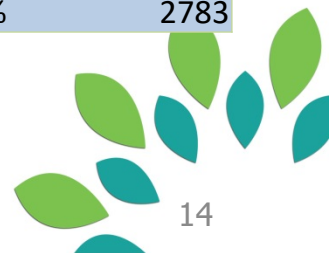




Q7: To what extent do you agree or disagree with the following:

Access to Health & Wellbeing Resources

Enterprise	Strongly Agree/Agree	Neither Agree nor Disagree	Disagree/Strongly Disagree	Total
I have access to healthy food options at work.	52%	27%	21%	4045
I have access to safe, outdoor walking areas at work.	67%	19%	15%	4043
The stairwells at my location are easily accessible and inviting.	57%	24%	19%	4051
I feel comfortable accessing H&W resources during my workday	55%	30%	15%	4042
EUV	Strongly Agree/Agree	Neither Agree nor Disagree	Disagree/Strongly Disagree	Total
I have access to healthy food options at work.	55%	30%	15%	1258
I have access to safe, outdoor walking areas at work.	80%	11%	9%	1260
The stairwells at my location are easily accessible/inviting.	62%	21%	17%	1260
I feel comfortable accessing H&W resources during my workday	63%	24%	13%	1259
EHC	Strongly Agree/Agree	Neither Agree nor Disagree	Disagree/Strongly Disagree	Total
I have access to healthy food options at work.	51%	26%	23%	2787
I have access to safe, outdoor walking areas at work.	61%	22%	17%	2783
The stairwells at my location are easily accessible/inviting.	55%	25%	20%	2791
I feel comfortable accessing H&W resources during my workday.	51%	33%	16%	2783





Q7: To what extent do you agree or disagree with the following:

A Supportive Work Environment

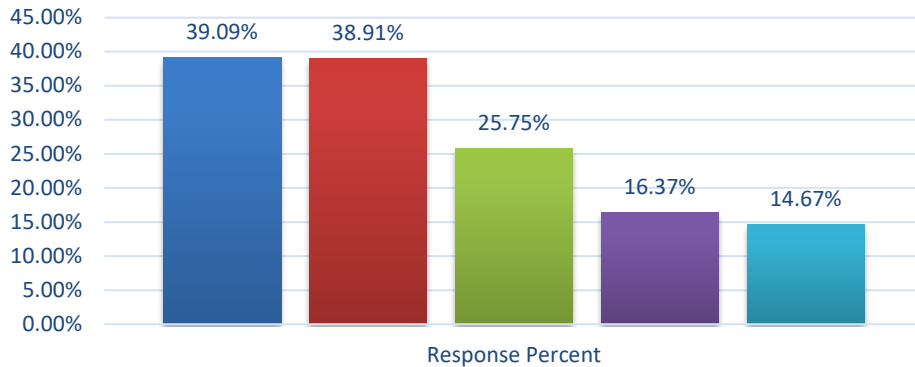
Enterprise	Strongly Agree/Agree	Neither Agree nor Disagree	Disagree/Strongly Disagree	Total
I am prompted to make healthy choices through visual cues and reminders at work.	43%	37%	20%	4046
Emory provides me with the resources needed to support good health habits.	62%	28%	10%	4049
Emory's workplace policies support my wellbeing.	61%	30%	9%	4043
Emory provides valuable discounts to health & wellbeing products and services, e.g. fitness facilities, wearable devices, yoga classes.	48%	39%	13%	4034
EUV	Strongly Agree/Agree	Neither Agree nor Disagree	Disagree/Strongly Disagree	Total
I am prompted to make healthy choices through visual cues and reminders at work.	40%	41%	19%	1259
Emory provides me with the resources needed to support good health habits.	68%	26%	6%	1258
Emory's workplace policies support my wellbeing.	68%	25%	7%	1255
Emory provides valuable discounts to health & wellbeing products and services, e.g. fitness facilities, wearable devices, yoga classes.	48%	38%	13%	1255
EHC	Strongly Agree/Agree	Neither Agree nor Disagree	Disagree/Strongly Disagree	Total
I am prompted to make healthy choices through visual cues and reminders at work.	45%	35%	20%	2787
Emory provides me with the resources needed to support good health habits.	60%	29%	11%	2791
Emory's workplace policies support my wellbeing.	58%	33%	10%	2788
Emory provides valuable discounts to health & wellbeing products and services, e.g., fitness facilities, yoga classes.	48%	39%	13%	15 2779





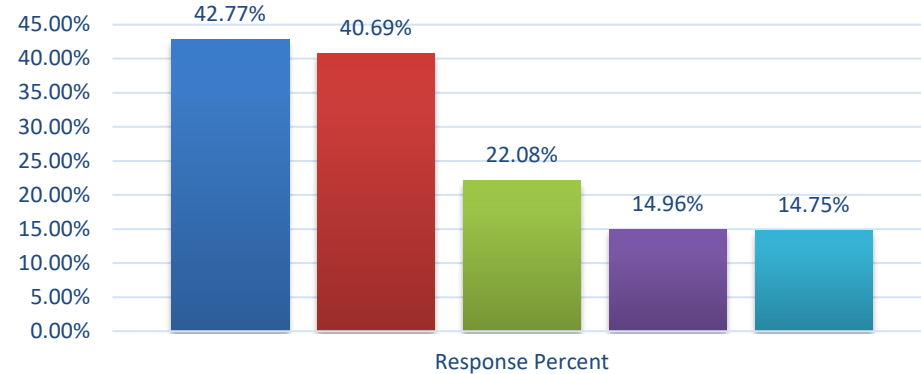
Q8: Please tell us which areas are most important for new or expanded Healthy Emory programs. Choose the two most important for you.

Enterprise



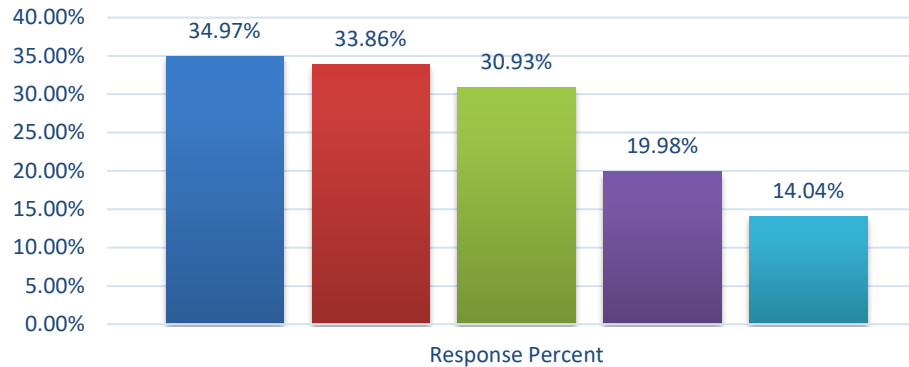
■ Weight Management ■ Stress Management ■ Physical Activity
■ Mental Health ■ Nutrition

EHC



■ Weight Management ■ Stress Management ■ Physical Activity
■ Nutrition ■ Mental Health

EUV



■ Stress Management ■ Physical Activity ■ Weight Management
■ Mental Health ■ Nutrition

