

Emory Medical Plan

Emory Outpatient Diabetes Education: Go to <https://www.emoryhealthcare.org/kidney-disease-dialysis/wellness/index.html> or call 404-778-4991.

Medical Nutrition Therapy with a Registered Dietitian (preventative services): No physician referral needed. No cost for employees with Emory medical plan coverage. To locate a dietitian, visit www.aetna.com and log in. Select *FIND CARE* at the bottom of the screen. Select *Medical Specialist*, then *More Specialties*. Select *Nutritional Medicine*, then search by zip code.

Aetna In Touch Care: Chronic and acute condition management telephonic and online support. Visit www.aetna.com and log in. Select the *Stay Healthy* tab. Under *Health Programs*, select *Enroll in a health management program* to learn more.

Weight Watchers @ Work: Monthly fee for program. For more information: <http://www.hr.emory.edu/eu/wellness/weightwatchers/weight-watchers.html>; 1-800-651-6000.

Gestational Diabetes: For employees who are currently pregnant and have gestational diabetes, refer to Aetna's Beginning Right Maternity Program. To enroll, go to www.aetna.com and log in. Select the *Stay Healthy* tab. Under *Health Programs* select *Maternity Program* for more information.

Other Insurance Plan

Contact insurer to determine coverage for outpatient diabetes programs, medical nutrition therapy with a registered dietitian or insurance-provided disease management.

Uninsured

Diabetes Association of Atlanta: Provides free or low-cost diabetes self-management education in a variety of community locations. Offers an accredited diabetes self-management program and also limited prescription assistance. www.diabetesatlanta.org; 404-527-7150; diabetes@diabetesatlanta.org.

Grady Diabetes Clinic: 80 Jesse Hill Jr Dr SE, Atlanta, GA 30303; 404-616-3730.

Good Samaritan Clinic: 1015 Donald Lee Hollowell Pkwy NW, Atlanta, GA 30318; (404) 523-6571.

