

Yoga & Tai Chi

Tai Chi at Decatur Wellness Center

September 6, 2022 at 4:00pm

Group Exercise Room

Register for in-person or Register for Virtual

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Yoga at Emory Midtown Hospital

September 14, 2022 at 12:10pm

Glen Auditorium

Register for in-person or Register for Virtual

Tai Chi at Emory Midtown Hospital

September 22, 2022 at 12:10pm

Glen Auditorium

Register for in-person or Register for Virtual

Yoga at Johns Creek Hospital

September 29, 2022 at 7:30am

Classrooms A&B

Register for in-person or Register for Virtual