
Yoga & Tai Chi

Tai Chi at Decatur Wellness Center

September 6, 2022 at 4:00pm

Group Exercise Room

[Register](#) for in-person or [Register](#) for Virtual

Yoga at Emory Midtown Hospital

September 14, 2022 at 12:10pm

Glen Auditorium

[Register](#) for in-person or [Register](#) for Virtual

Tai Chi at Emory Midtown Hospital

September 22, 2022 at 12:10pm

Glen Auditorium

[Register](#) for in-person or [Register](#) for Virtual

Yoga at Johns Creek Hospital

September 29, 2022 at 7:30am

Classrooms A&B

[Register](#) for in-person or [Register](#) for Virtual